The Sitzmark

THE NEWSLETTER OF THE HIGH LIFE SKI AND SNOWBOARD CLUB

MAY 2026

Check for updates regarding in person meetings!

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Submission Deadline for the June Issue is May 29

Send items to: youngne1965@gmail.com

President's Message

Submitted by Paul Roy
President, 917-577-3737 pauldenisroy@aol.com.

Elections

Election night was April 28 for all Executive Board positions and five Lodge Trustees. Thanks to Ron Smolt, with help from Nominating Committee members Linda Burns and Carol Cooney, for running a smooth annual election. I would also like to recognize Jim and Barbara Lent for validating member attendance. We had 40 members attend, just over 10 percent of the current membership count, which means, per the Club's By-laws, that we had a valid election. All Executive Board incumbents except one were re-elected. Maryanne Mecca was elected as the Club's new Recording Secretary - congratulations Maryanne. I appreciate Sal Pulitano for his prompt, timely, and dedicated work as Recording Secretary the past few years. Five Lodge Trustees were re-elected as well. Ken Chodkiewicz, Donna Long, Jim Ferrone, Mike Burbridge and Nancy Mathiesen, you are all awesome for your continued service to the High Life Ski Lodge. Finally, thanks to Linda Burns for having the Exchange provide a tasty election night buffet.

Below is High Life Ski Club's Executive Board for June 1, 2026 through May 31, 2027.

High Life Ski Club Officers

President – Paul Roy
Administrative VP/Membership – Carol Cooney
Officer at Large – Linda Burns
Treasurer – Jeffrey Zega
Recording Secretary – Maryanne Mecca
Corresponding Secretary – Barbara Capsouras
Parliamentarian – Ron Smolt
NJ Ski and Snowboard Council Representative – Bob Zega
Ski Trip Chairperson – Nina Tudorowsky
Activities Chairperson – Cliff Gawel
Newsletter Editor – Andrie Young
Social Media Coordinator – Jason Briggs
Chair of the Lodge Trustees - Chris Cooney

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LODGE REPORT

April 30th brought a close to the 2025/26 fiscal year for the High Life Ski Lodge. I would like to extend gratitude and appreciation to each member of High Life (and their guests) who used the Lodge this past season. For the THIRD straight year, the High Life Lodge hosted more than 2,000 bed nights!!. On behalf of the Lodge Committee, thank you for choosing High Life Ski Club and High Life Ski Lodge as an amplification of your recreational activities. Whether the Lodge provides easy access to your favorite mountain, serves as a rendezvous for your ski/snowboard family and friends, or provides a quiet, warm-weather retreat, the Lodge Committee promises to continue providing an amazing Lodge that caters to all members....whether you ski, snowboard, snowshoe, cross-country, hike, bike, kayak, swim, fish, golf, meditate, read.....or just party with your favorite people Let's go for 4-straight years of 2,000 bed nights.....your Lodge Committee is ready!!

The Lodge Committee mourns the loss of former long-time Club member Tom Stehlik. In addition to being a great guy, Tom was an asset to the Lodge and frequent Work Weekend participant.....and he had a pretty sweet car. We extend condolences to Tom's brother Rich and his family.

High Life Elections were held on April 28th ....and the Lodge Committee congratulates Jim Ferrone, Nancy Mathiesen, Donna Long, Ken Chodkiewicz and Mike Burbridge on their re-election. The Committee would also like to congratulate everyone elected to the Club Executive Board and wish luck and success this coming year.

Though the calendar says "May," the winter season isn't yet over. Killington still has a handful of open trails accessible from the Superstar-six and will operate on Friday/Saturday/Sunday as conditions permit. Don't miss this opportunity to enjoy some outdoor turns on one of the last open mountains in the Northeast!!

The first Lodge Work Weekend will be held May 15-17, 2026. Come help the Lodge complete the spring cleanup and set its upcoming project list. The new mattresses are also scheduled for delivery this weekend. All workers receive complimentary Lodge fees on Friday and Saturday nights as well as lunch on Saturday. Donna Long is the House Mom...and signups are open. Donna can be reached at dannl100@yahoo.com (email preferred) or (201) 317-7830

Unable to join us in May? The next Work Weekend will be held June 26-28th. Look for details on the High Life Web and Social Media pages as well as next month's Sitzmark.

Thinking about summer plans? The Lodge Golf weekend is scheduled for July 17-20th . Details soon.....

For those of you who rented a locker in the Barn foyer....your locker MUST be vacated this offseason, preferably by June 1st . If you have any questions, please contact Chris Moser.

The Lodge thanks Sal Pulitano for his service to the Executive Board as Recording Secretary and wishes Maryanne Mecca luck as she takes on this role.
Wishing all High Life Moms a Happy Mother's Day!! (Even our House Moms too!!)
-Chris Cooney
Lodge Chairperson



APRIL EVENTS



April 23

We had a wonderful time at the Tommy's Tavern happy hour. The hors d'oeuvres were exceptional, and the bar area offered plenty of room to mingle. The atmosphere was fantastic, especially with the wall of windows looking out over the horizon.

Best,
Cliff Gawel







LODGE GUIDELINES

Hello High Lifers!

With the increasing demand of Lodge use the Lodge Committee would like to streamline the communication process as it pertains to making Lodge reservations. This document is meant to be dynamic and will be continuously updated as we figure out what works and what doesn't. The Lodge Committee asks all members to take the below guidelines into consideration as you make your Lodge reservations. Remember....the key to an effective reservation is to have clear and comprehensive communication with your House-mom. As of November 1st, the Lodge will be collecting Winter rates for Lodge use. Please see the Lodge Rules and Regs for the current rates or ask your House-mom.

All reservations must be confirmed directly with a house mom before a payment is made

Failure to do so will result in a mandatory $5 penalty to be paid into the Lodge Supply Bucket.

Guidelines for paying for Lodge stays through Zelle

For those who wish to utilize Zelle to pay for their Lodge usage, please be aware of the following guidelines:

1. **Members (only) can pay for Lodge stays and events electronically using the Zelle app on their mobile device.**
2. **NO ZELLE PAYMENT is allowed until after you've communicated with the house-mom and have a confirmation for your stay. If a payment is made prior to confirmation from the house-mom, a *$5* penalty will be assessed.**
3. **Zelle can ONLY be used for payments. *No refunds will be made once a Zelle payment is confirmed.* If a change to a reservation is made and is compliant with the Lodge rules, a credit will be issued.**
4. **If a member uses Zelle for payments, the member is responsible for ensuring they know how to correctly use the Zelle application. High Life Ski Lodge, Inc. is not responsible for any user error, application malfunction, or security of the relationship between Zelle and your bank account.**

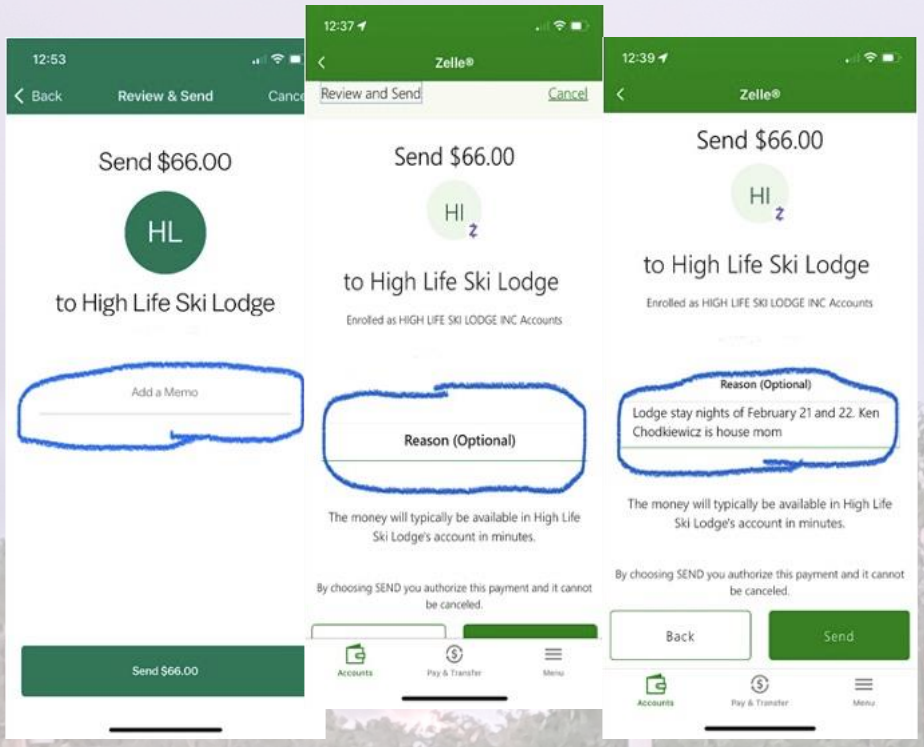
To pay using Zelle, please follow these instructions:

Confirm the recipient information with the House-mom. Input this information per House-mom instructions.

In the comment section, (may be listed as "Reason", "Add a Memo" or something similar based on your banking or Zelle app), please list dates of your intended overnights (ie. Jan 4,5,6) and the name of the corresponding house-mom. Including this information in the comment section eases tracking for your payments. Please note: This field is NOT required by Zelle to execute a transaction.....you must consciously input the requested information. See Screenshots below. Failure to include this information will result in a $5 penalty to be paid to the Lodge supply bucket.



LODGE GUIDELINES CONT.



Note: Your bank or Zelle app may look different. These are for example only.

Once you've completed the payment, please inform the house-mom. Optionally (if your personal banking information is not visible) you could additionally forward a screenshot or confirmation email.

REMINDER: ***Making a Zelle payment prior to receiving house-mom confirmation of your reservation or failing to fill in the Reason/Memo section of the Zelle transaction will result in a $5 penalty.***

Reservations are taken in person at Club meetings as per the dates on the Lodge schedule, which is posted on the Club Web Page (or you can ask a House-mom to email you the .pdf). After that meeting house moms will accept reservations by email or phone call only!! No initial contact with a House-mom via text-message. Please call during reasonable hours of the day (hint: if you have to ask yourself if it's a reasonable time, chances are it isn't)....*and remember that many of our House-Moms still work and might not be able to respond for several hours*. Our House-Moms do their best to acknowledge your communication as quickly as possible, but at times an immediate response is not possible. If you'd like to go to the Lodge, please allow ample time for your House-Mom to get back to you. During your initial communication please include the following information

***The High Life Lodge Committee loves our storm-chasers as well as those who love to spontaneously journey to Vermont. Please keep in mind that as you try to communicate with the house-mom, they may already be at the Lodge (especially if you are calling from Thursday-Monday). Please be sure to try calling the Lodge (802-773-9742) if you have difficulty communicating with the house-mom for your spontaneous plans.**



LODGE GUIDELINES CONT.

Your full name

2. Number in your group and composition (ie a couple, kids (ages), family, member or guest, etc) and their full names.

3. Date and day of arrival, the number of nights, and the date/day of departure

4. Your intended Payment method (Zelle, mailing a check, payment upon arrival, gift-card, voucher, etc)

-Below are some examples of the type of information that would best-help your communication with your House-mom. These are not intended to be all inclusive.... they're just samples.

Example 1

Hello my name is "John Smith". I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. I will be alone. If I can get bed XYZ, that would be great but will take what is available. I can give you a check upon arrival or mail to you. Thank you

Example 2

Hello my name is "John Smith" My wife "Jane Smith" and I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. Jane is also a member and we would like a couple's room if available. I can Zelle the payment and so as you can confirm. Thank you.

Example 3

Hello my name is "John Smith". I would like to make a reservation for myself, my son "Adrian Smith", my brother-in-law "Steve Harris" and his son "George Harris". Steve and George are not members. We would like to arrive at the lodge on Friday, December 1st, stay for 2 nights, and depart on the morning of the 3rd. If possible, I would like all of us in one room. I can mail you a check or give you a check upon arrival. Thank You.

Once you have your assigned bed, you are not allowed to change your sleeping location without approval from your House-mom. This includes taking a perceived empty bed in another room or in the attic.

There've been a few occasions when we have had members arrive late at night only to find someone in the bed/room they have been assigned. Mayhem and chaos ensue.

As House Moms we do our best to facilitate your reservation and make your Lodge experience as enjoyable as possible. We take into consideration each scheduled member coming-and-going, changes of plans (extending/shortening their stay), groups that would like to bunk in the same room, short notice requests and overlapping stays that cover two or even three different House Moms. Eighteen hundred bed nights is awesome...but can be a bit to juggle...so please, talk to the House Mom before moving from assigned bed/room. We promise to do our best to help.

We thank you for your cooperation and look forward to a wonderful Spring.

The Lodge Committee.





MAY EVENTS



May 15-17

Work Weekend - Join us for a fun work weekend to better and ready our Lodge for the season ahead. Hope to see you all then.



FREE CONCERTS AT PNC BANK ARTS CENTER

Free tickets are available for the following shows at PNC Bank Arts Center in Holmdel, NJ for High Life Ski Club members:

Thursday, May 28 - 7:30 pm

Cousin Brucie presents Tommy James & the Shondells and Herman's Hermits (starring Peter Noone)

Please contact Barbara Capsouras for tickets.

Bcapsouras@aol.com

Text: 973-713-4951



HAPPY MOTHER'S DAY









HIGH LIFE SKI CLUB APPAREL

Attention All High Life Members – New and Old:

Support the club, show pride in your membership, and advertise the club to new prospective members. Just place an order for High Life Ski Club apparel. We finally reached the minimum order and all who received their High Life apparel were very happy with the products.

We have some extra available for sale. I'll bring them to the meetings for all members to see. We have denim shirts, sweatshirts, tees, and polo shirts available.

Below is a list of what we will now offer with the High Life logo embroidered on each item:

High Life Apparel Pricing

Item	Price
Fleece Jacket (Full Zip)	$37
Fleece Vest	$32
Denim Shirt – long sleeve	$32
Denim Shirt-short sleeve	$30
Short Sleeve Tee	$15
Long Sleeve Tee	$18
Crewneck Sweatshirt	$25
Hoodie Sweatshirt	$30
Moisture Wicking Golf Shirt	$25
Baseball hat	$15
Knit Hat	$15
Embroider your own item	$10

Most colors are available with each item. Just let Sal know that color you want, and he will do his best to accommodate you. Merchandise can be picked up at the regular Tuesday night meeting or it can be mailed to you for a small fee. Payment can be made by check, cash, or credit card.

To place an order, email me at sal@thestratisgroup.net and tell me what item you want, the size, the color and how you'll pay for it as well as how you'd like to receive the order.

LOOKING AHEAD

ATTENTION HIGH LIFERS:

OUR CAPE COD SPRING AND FALL DATES ARE SET

June 11-18 and September 10-17 at Kingfisher Lodging in Dennis Cape Cod. As always, we have the run of the place meaning it is before their official opening (June) or after closing (September) and there is no maid service/daily cleaning.

For June, we are taking full week reservations only. For September, 2-7 night reservations will be accepted. All are $105 a night per room for club members. How's that for holding down prices!

Reservations are open now and 1/2 the amount will reserve your room. Full amount is due 30 days before arrival.

On June 17th and September 6th, we will hold a group lobster dinners for those wishing to participate. $30 per person, payable in at time of your final room reservation payment (1 month before arrival) -no exceptions as I have to order this large amount of lobsters in advance.

Forms of payment: check written and payable to Philip Uhler sent to 371 Finch Lane. Bedminster, NJ 07921 Or Zelle to Philuhler@ hotmail.com 908-295-4457 if you prefer.

Feel free to contact Phil Uhler for more information.

June 26--28 **Work Weekend.** - Another chance to join us for a fun work weekend to better and ready our Lodge for the season ahead. Hope to see you all then.



LOOKING AHEAD CONT.

July 1

FREE CONCERTS AT PNC BANK ARTS CENTER

Free tickets are available for the following shows at PNC Bank Arts Center in Holmdel, NJ for High Life Ski Club members:

Wednesday, July 1 - 7:00 pm
The Sound of America: A Semi-Quincentennial Concert Celebrating the U.S. 250th Birthday
Featuring The US Army Field Band with opening act American Bombshells

Please contact Barbara Capsouras for tickets.

Bcapsouras@aol.com

Text: 973-713-4951

July 17-20

Lodge Golf weekend



President's Message Cont

Membership

Your Club's membership is, at 375 members, as high as it's been in many years.

Trips

The Cape Cod trips are June 11-18 and September 10-17. Contact Phil Uhler to sign up.

Meetings and Other Events

The Executive Board met April 14. At that night's membership meeting we had 25 attendees, and Linda Burns walked us through the slate of nominations. The Lodge Trustees met April 28. There's more on Lodge and Club meetings and events elsewhere in this newsletter and on the Club website. Below are the upcoming meeting dates.

The next Zoom meeting for all members will be May 5. There will be only one membership meeting in June, and one in July as well.

High Life Ski Club Meetings Schedule

- Tuesday May 5 Zoom
  - 7:00 pm Membership Meeting
- Tuesday May 12 at Exchange Restaurant
  - 6:30 pm Executive Board Meeting
  - 7:30 pm Membership Meeting
- Tuesday May 26 at Exchange Restaurant
  - 6:30 pm Lodge Trustees
  - 7:30 pm Membership Meeting
- Tuesday June 9 at Exchange Restaurant
  - 6:30 pm Executive Board Meeting
  - 7:30 pm Membership Meeting
- Tuesday July 14 at Exchange Restaurant
  - 6:30 pm Executive Board Meeting
  - 7:30 pm Membership Meeting

HLSC Lodge 2025-26 Winter Season

WEEKEND Saturday	Dates	Event	START SIGN UPS Tuesday	Trustee	NOTES
1-Nov	10/29-11/4		21-Oct	Mike Burbridge	
8-Nov	11/5-11/11	Work Weekend	28-Oct	Chris Cooney	
15-Nov	11/12-11/18		4-Nov	Steve Anderson	
22-Nov	11/19-11/25		11-Nov	Jim Ferrone	
29-Nov	11/26-12/2	Thanksgiving	18-Nov	Ken Chodkiewicz	
6-Dec	12/3-12/9		25-Nov	Chris Moser	
13-Dec	12/10-12/16		2-Dec	Jim Ferrone	
20-Dec	12/17-12/23		9-Dec	Jack McDevitt	
27-Dec	12/24-12/30		16-Dec	Donna Long	Christmas
3-Jan	12/31-01/06	New Year's	23-Dec	Chris Moser	New Years
10-Jan	01/07-01/13		30-Dec	Mike Burbridge	
17-Jan	01/14-01/20	MLK Weekend	6-Jan	Jack McDevitt	Family Weekend
24-Jan	01/21-01/27		13-Jan	Kerry Klotz	Family Weekend
31-Jan	01/28-02/03		20-Jan	Chris Cooney	
7-Feb	02/04-02/10	Superbowl	27-Jan	Nancy Mathiesen	
14-Feb	02/11-02/17	President's Weekend	3-Feb	Steve Anderson	Family Weekend
21-Feb	02/18-02/24		10-Feb	Ken Chodkiewicz	Family Weekend
28-Feb	02/25-03/03		17-Feb	Steve Anderson	
7-Mar	03/04-03/10		24-Feb	Chris Moser	
14-Mar	03/11-03/17	St. Patrick's Dinner	3-Mar	Chris Cooney	
21-Mar	03/18-03/24		10-Mar	Nancy Mathiesen	Family Weekend
28-Mar	03/25-03/31		17-Mar	Donna Long	MCSC Weekend
4-Apr	04/01-04/07	Mogul Challenge	24-Mar	Jack McDevitt	Easter
11-Apr	04/08-04/14		31-Mar	Mike Burbridge	
18-Apr	04/15-04/21		7-Apr	Kerry Klotz	
25-Apr	04/22-04/28		14-Apr	Jim Ferrone	
2-May	04/29-05/05		21-Apr	Steve Anderson	
9-May	05/06-05/12		28-Apr	Chris Cooney	
16-May	05/13-05/19		5-May	Donna Long	
23-May	05/20-05/26		12-May	Jim Ferrone	Memorial Day
30-May	05/27-06/04		19-May	Nancy Mathiesen	

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KERRY KLOTZ (973) 420-5444 kerryklotz@ymail.com	NANCY MATHIESEN (201) 400-2597 nhackelberg@yahoo.com
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