The Sitzmark

THE NEWSLETTER OF THE HIGH LIFE SKI AND SNOWBOARD CLUB

APRIL 2026

Check for updates regarding in person meetings!

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Submission Deadline for the May Issue is April 29

Send items to:
youngne1965@gmail.com

President's Message

Submitted by Paul Roy
President, 917-577-3737 pauldenisroy@aol.com.

Elections

Election night is Tuesday April 28 at 7:30 pm for all Executive Board positions and five Lodge Trustees. Please join us as we need at least 38 members (10% of all members) in attendance to have a valid election. Linda Burns is working with the Exchange chef on a tasty meal for us that night - paid by the Club. On March 10, I appointed the Nominating Committee including Parliamentarian Ron Smolt, Carol Cooney and Linda Burns. The Nominating Committee will present a slate of candidates at the April 14 membership meeting - nominations that night are welcome. Contact Ron, Carol or Linda if you are interested in running. There is more information on these positions at the Club's website at the Administration tab, including the HLSC Bylaws and the Bylaws Amendments.

Membership

Your Club's membership is still growing. As of late March, we have 375 members including 48 new. 375 members is a big increase, 18 more than one year ago.

High Life Ski Club Officers

Here is your Executive Board for the June 2025-May 2026 term:

President – Paul Roy
Administrative VP/Membership – Carol Cooney
Officer at Large – Linda Burns
Treasurer – Jeffrey Zega
Recording Secretary – Sal Pulitano
Corresponding Secretary – Barbara Capsouras
Parliamentarian – Ron Smolt
NJ Ski and Snowboard Council Representative – Bob Zega
Ski Trip Chairperson – Nina Tudorowsky
Activities Chairperson – Cliff Gawel
Newsletter Editor – Andrie Young
Social Media Coordinator – Jason Briggs
Chair of the Lodge Trustees - Chris Cooney

(President's Message Cont pg 15)

LODGE REPORT

The High Life Ski Lodge is enjoying another epic season…..and it isn't over!! Though warm temperatures have melted the snow in New Jersey, great ski conditions are still found at your favorite Vermont Resorts!! Killington is still boasting 90+ open trails….and once again the snow glacier has returned to Superstar to ensure weeks of turn on soft bumps!. April also brings fun annual favorites like The Mogul Challenge and Pond Skimming…..so keep your skis and boards waxed and tuned and make your Lodge reservations today!!

The Lodge Committee happily purchased 10 new mattresses for the attic space. These mattresses were paid for by a combination of money from the Lodge Treasury, money from the Club Treasury, and dollars accumulated from our fundraiser dinners and events! Delivery of these mattresses is expected by mid-May. The Lodge Committee would like to thank the Club Executive Board as well as each of you who has participated in a fundraiser. Kudos to Donna Long for spearheading the project and negotiating a great deal!!

The Luck of the Irish returned to The High Life Lodge!! The St. Patrick's Day dinner and party were held on March 14 th . After an amazing, snow-filled day, High Lifers consumed pounds of corned beef and trays of Shepard's Pie!! Afterwards, the fun transitioned to our barn for some games and additional revelry. Huge thank you to Carol Cooney, Kerry Klotz (and her friends Margaret and Rita), Mike Dolimount and all who helped create another memorable weekend in Vermont.

In late March Donna Long once again hosted a group of friends from Morris County Ski Club. Some unseasonable cold temperatures made late-March feel like mid-February. After a couple of days of great skiing, Donna prepared a great dinner featuring chicken piccata, eggplant parmesan, sausage and peppers, pasta and a Greek salad….followed by some incredible pies from Mendon Orchard. The evening concluded with billiards, music, and some March Madness out in the Barn.

Looking for some spring fun? Don't forget that Killington hosts both, the Bear Mountain Mogul challenge on April 4 th ! Amanda and Chris are once again hosting the High Life tailgate (and Friday evening après party) so reach out if you'd like to join in! April 11 th is Killington's Pond Skimming event at K1…..another awesome spring tradition.

April is Election time at High Life!! There are 5 Lodge Committee positions open. Though all 5 current trustees are running for reelection, any eligible member of High Life is encouraged to throw their hat into the ring. If you have any questions about the responsibilities of the Lodge Committee, please contact any current trustee. If you would like to run, please contact Club Parliamentarian Ron Smolt to initiate the nomination process.

The Lodge Committee has set the first work weekend for May 15-17 th . Come out and help keep our Lodge in pristine shape!!

The Lodge Committee reminds everyone to communicate with their house moms in a timely fashion, complete assigned chores and help take care of The Lodge. If you see something awry (ie. broken blind, dent in the wall, poorly draining sink, etc) please let your House Mom know. Also, please initiate all reservation communication with the respective house-mom via phone call and/or email. Your house-moms will do their best to respond as quickly as possible. Be sure to read the signup guide posted in the Sitzmark so you are familiar with the process when you speak to your house mom.

We can't wait to see you at The Lodge!!

-Chris Cooney
Lodge Chairperson



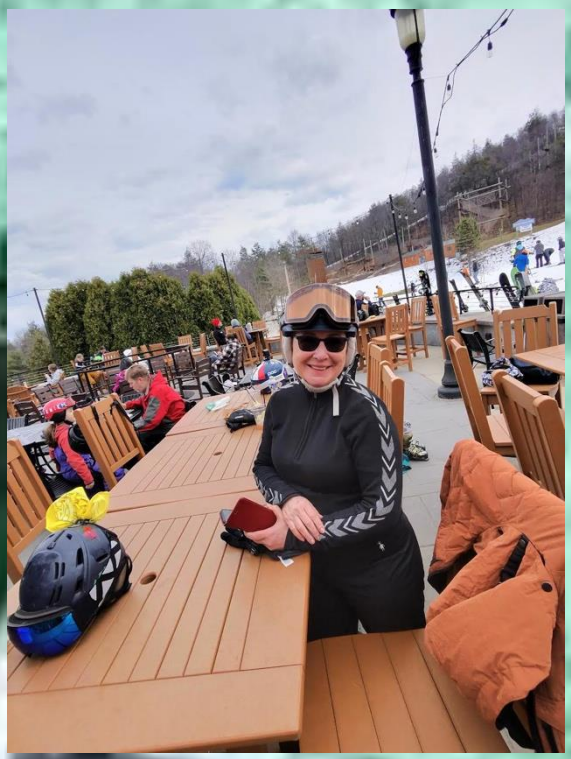
MARCH EVENTS

March 20

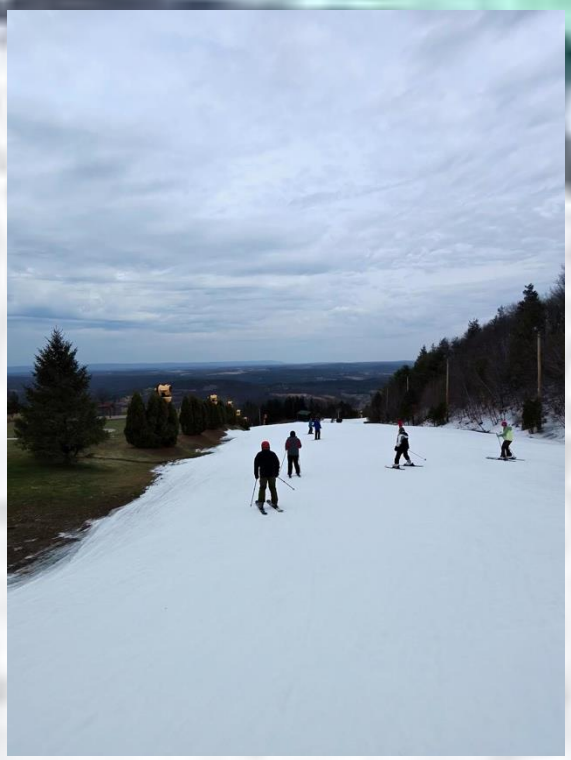
On March 20th, a group of approximately 15 High Lifers enjoyed a fantastic day of skiing at Blue Mountain. The weather was beautiful with clear sun and perfect spring conditions, allowing the majority of the group to ski together throughout the day. Following our time on the slopes, everyone gathered at the bar for pizza and cocktails, which were generously provided by High Life.

It was a wonderful trip, and we all had a great time.









Submitted by Cliff Gawel

LODGE GUIDELINES

Hello High Lifers!

With the increasing demand of Lodge use the Lodge Committee would like to streamline the communication process as it pertains to making Lodge reservations. This document is meant to be dynamic and will be continuously updated as we figure out what works and what doesn't. The Lodge Committee asks all members to take the below guidelines into consideration as you make your Lodge reservations. Remember....the key to an effective reservation is to have clear and comprehensive communication with your House-mom. As of November 1st, the Lodge will be collecting Winter rates for Lodge use. Please see the Lodge Rules and Regs for the current rates or ask your House-mom.

All reservations must be confirmed directly with a house mom before a payment is made. ***Failure to do so will result in a mandatory $5 penalty to be paid into the Lodge Supply Bucket.***

Guidelines for paying for Lodge stays through Zelle

For those who wish to utilize Zelle to pay for their Lodge usage, please be aware of the following guidelines:

1. Members (only) can pay for Lodge stays and events electronically using the Zelle app on their mobile device.
2. NO ZELLE PAYMENT is allowed until after you've communicated with the house-mom and have a confirmation for your stay. If a payment is made prior to confirmation from the house-mom, a *$5* penalty will be assessed.
3. Zelle can ONLY be used for payments. *No refunds will be made once a Zelle payment is confirmed*. If a change to a reservation is made and is compliant with the Lodge rules, a credit will be issued.
4. If a member uses Zelle for payments, the member is responsible for ensuring they know how to correctly use the Zelle application. High Life Ski Lodge, Inc. is not responsible for any user error, application malfunction, or security of the relationship between Zelle and your bank account.

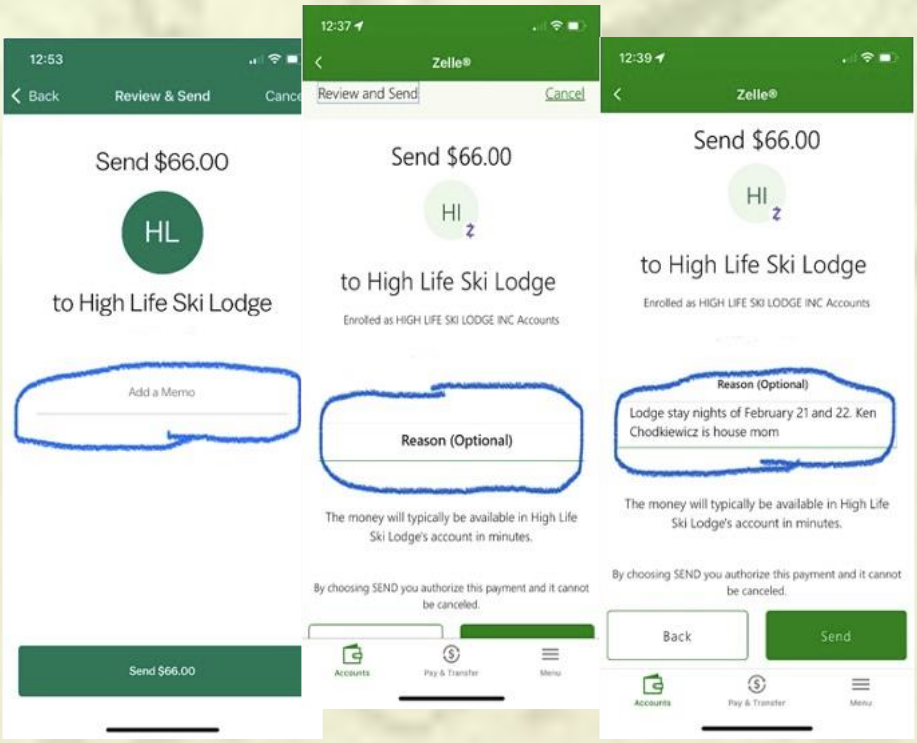
To pay using Zelle, please follow these instructions:

Confirm the recipient information with the House-mom. Input this information per House-mom instructions.

In the comment section, (may be listed as "Reason", "Add a Memo" or something similar based on your banking or Zelle app), please list dates of your intended overnights (ie. Jan 4,5,6) and the name of the corresponding house-mom. Including this information in the comment section eases tracking for your payments. Please note: This field is NOT required by Zelle to execute a transaction.....you must consciously input the requested information. See Screenshots below. Failure to include this information will result in a $5 penalty to be paid to the Lodge supply bucket.



LODGE GUIDELINES CONT.



Note: Your bank or Zelle app may look different. These are for example only.

Once you've completed the payment, please inform the house-mom. Optionally (if your personal banking information is not visible) you could additionally forward a screenshot or confirmation email.

REMINDER: ***Making a Zelle payment prior to receiving house-mom confirmation of your reservation or failing to fill in the Reason/Memo section of the Zelle transaction will result in a $5 penalty.***

Reservations are taken in person at Club meetings as per the dates on the Lodge schedule, which is posted on the Club Web Page (or you can ask a House-mom to email you the .pdf). After that meeting house moms will accept reservations by email or phone call only!! No initial contact with a House-mom via text-message.

Please call during reasonable hours of the day (hint: if you have to ask yourself if it's a reasonable time, chances are it isn't)....*and remember that many of our House-Moms still work and might not be able to respond for several hours*. Our House-Moms do their best to acknowledge your communication as quickly as possible, but at times an immediate response is not possible. If you'd like to go to the Lodge, please allow ample time for your House-Mom to get back to you. During your initial communication please include the following information

*****The High Life Lodge Committee loves our storm-chasers as well as those who love to spontaneously journey to Vermont. Please keep in mind that as you try to communicate with the house-mom, they may already be at the Lodge (especially if you are calling from Thursday-Monday). Please be sure to try calling the Lodge (802-773-9742) if you have difficulty communicating with the house-mom for your spontaneous plans.**



LODGE GUIDELINES CONT.

Your full name

2. Number in your group and composition (ie a couple, kids (ages), family, member or guest, etc) and their full names.
3. Date and day of arrival, the number of nights, and the date/day of departure
4. Your intended Payment method (Zelle, mailing a check, payment upon arrival, gift-card, voucher, etc)

-Below are some examples of the type of information that would best-help your communication with your House-mom. These are not intended to be all inclusive.... they're just samples.

Example 1

Hello my name is "John Smith". I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. I will be alone. If I can get bed XYZ, that would be great but will take what is available. I can give you a check upon arrival or mail to you. Thank you

Example 2

Hello my name is "John Smith" My wife "Jane Smith" and I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. Jane is also a member and we would like a couple's room if available. I can Zelle the payment and so as you can confirm. Thank you.

Example 3

Hello my name is "John Smith". I would like to make a reservation for myself, my son "Adrian Smith", my brother-in-law "Steve Harris" and his son "George Harris". Steve and George are not members. We would like to arrive at the lodge on Friday, December 1st, stay for 2 nights, and depart on the morning of the 3rd. If possible, I would like all of us in one room. I can mail you a check or give you a check upon arrival. Thank You.

Once you have your assigned bed, you are not allowed to change your sleeping location without approval from your House-mom. This includes taking a perceived empty bed in another room or in the attic.

There've been a few occasions when we have had members arrive late at night only to find someone in the bed/room they have been assigned. Mayhem and chaos ensue.

As House Moms we do our best to facilitate your reservation and make your Lodge experience as enjoyable as possible. We take into consideration each scheduled member coming-and-going, changes of plans (extending/shortening their stay), groups that would like to bunk in the same room, short notice requests and overlapping stays that cover two or even three different House Moms. Eighteen hundred bed nights is awesome...but can be a bit to juggle...so please, talk to the House Mom before moving from assigned bed/room. We promise to do our best to help.

We thank you for your cooperation and look forward to a wonderful Spring.

The Lodge Committee.



TRIP EVENTS

ZERMATT JANUARY 30 TO FEBRUARY 7, 2026

HLSC members enjoyed all of the activities during the week's stay in a beautiful spa boutique hotel.

The Matterhorn: Reaching 4,478 meters.

Gornergrat Railway: Europe's highest open-air cogwheel railway climbs to 3,089 meters, offering views of 29 peaks over 4,000 meters and the Gorner Glacier.

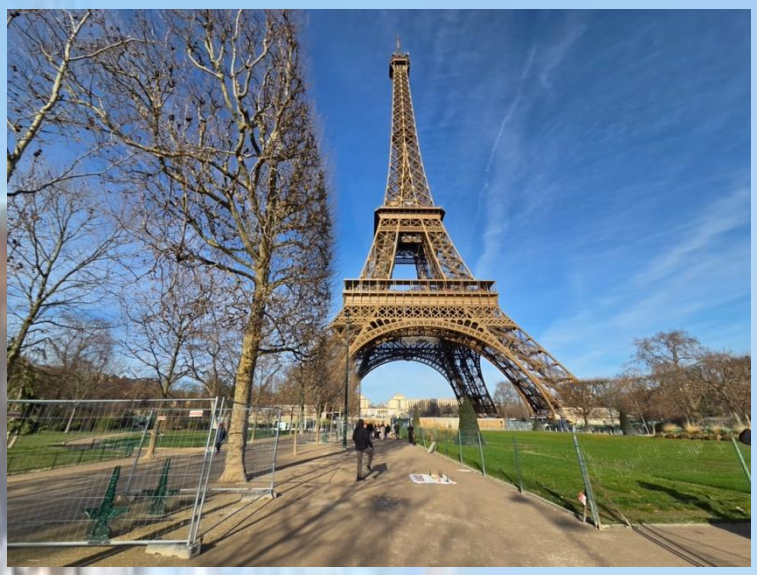
Matterhorn Glacier Paradise: The highest cable car station in Europe (3,883 meters) features a 360-degree viewing platform and the Glacier Palace, an ice cave with sculptures located deep beneath the surface.

Old Village (Hinterdorf): A historic quarter featuring over 30 traditional larch-wood houses, barns, and granaries dating back 300 to 500 years.



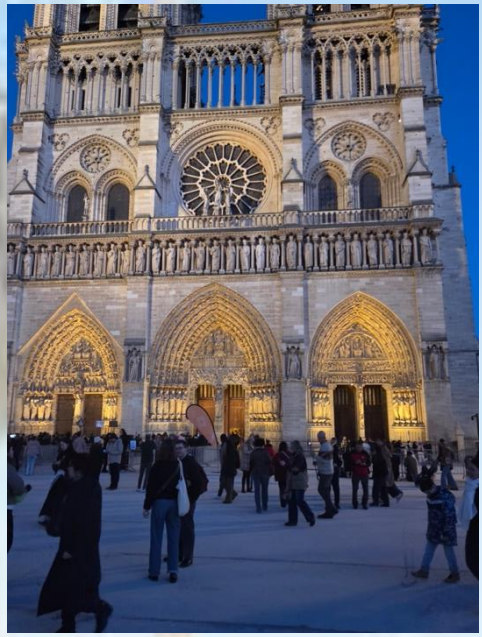
TRIP EVENTS CONT.





PARIS FEBRUARY 7 - 10, 2026

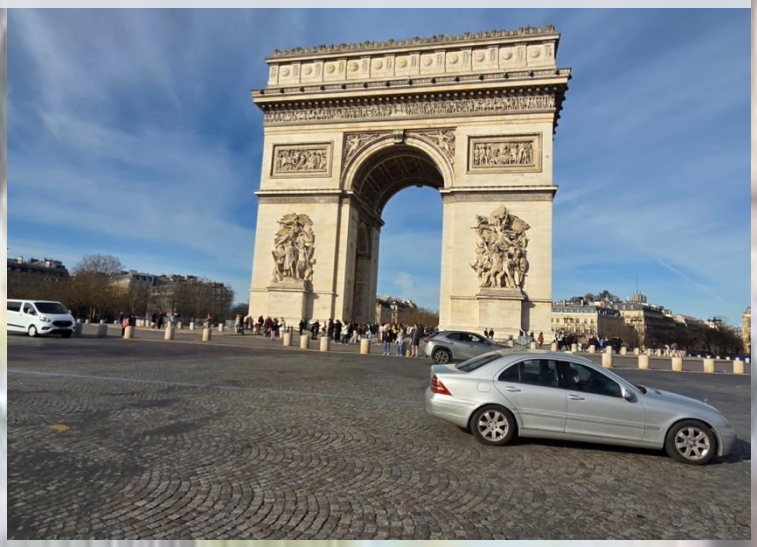
Eiffel Tower: The world-famous symbol of Paris, featuring three floors, observation decks, and restaurants.



Notre-Dame Cathedral: A 12th-century Gothic masterpiece, reopened in December 2024 following extensive post-fire restoration.



Arc de Triomphe: A monumental arch commissioned by Napoleon, offering exceptional views of the Champs-Élysées from its top.



Louvre Museum: The world's largest art museum, housing the Mona Lisa and thousands of

TRIP EVENTS CONT.

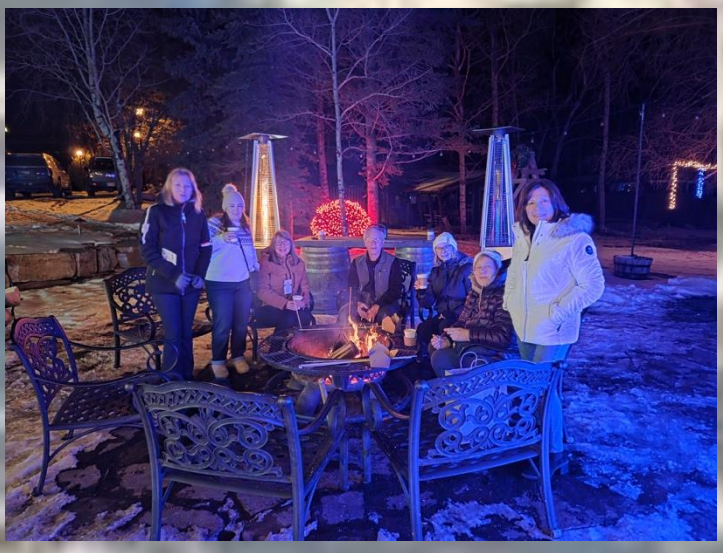
Whitefish, Montana FEBRUARY 21 – FEBRUARY 28. 2026













All Trip Events
Submitted by Nina Tudorowsky



APRIL EVENTS



April 4

Mogul Challenge - Cooney/Zega Team will once again host the tailgate and party for the Bear Mountain

(and Friday evening après party)



April 11

Killington's Pond Skimming



April 22

Earth Day

April 29th

NJ Ski Council Announcement

All unused vouchers must be returned to the Council not later than April 29th which means I need them a few days prior to that date.

Bob Zega

LOOKING AHEAD

ATTENTION HIGH LIFERS:

OUR CAPE COD SPRING AND FALL DATES ARE SET

June 11-18 and September 10-17 at Kingfisher Lodging in Dennis Cape Cod. As always, we have the run of the place meaning it is before their official opening (June) or after closing (September) and there is no maid service/daily cleaning.

For June, we are taking full week reservations only. For September, 2-7 night reservations will be accepted. All are $105 a night per room for club members. How's that for holding down prices!

Reservations are open now and 1/2 the amount will reserve your room. Full amount is due 30 days before arrival.

On June 17th and September 6th, we will hold a group lobster dinners for those wishing to participate. $30 per person, payable in at time of your final room reservation payment
(1 month before arrival) -no exceptions as I have to order this large amount of lobsters in advance.

Forms of payment: check written and payable to Philip Uhler sent to
371 Finch Lane. Bedminster, NJ 07921 Or Zelle to Philuhler@ hotmail.com
908-295-4457 if you prefer.

Feel free to contact Phil Uhler for more information.

APPRECIATION PAGE

Hello High Lifers,

Although we only had one racer participate in Saturday's NJSSC President's race, it was a success as always.

I want to thank Karen Sanderson for undertaking the job of putting it all together once again. She's been coordinating this race for over 30 years mostly by herself. She arranges the date a year in advance, she types up and sends out the race notices to all the club race captains/teams. She collects and distributes the money for the race, tickets and some of the prizes, she coordinates the hill, the course and the timing with the mountain crew. She drives around collecting the prizes, types up the racers names and prizes for the drawings and while everyone is out skiing and having fun, she's on her computer typing up the results of the race for each club. Oh yeah, she also shops for the medals we receive. Karen now lives in Hunter so if you run into her at the mountain please thank her for her years of hard work.

And just so you know, with plenty of time in advance, the date for next year's race is Saturday, March 20, 2027. Please mark your calendars. It would be nice to field a team.

Hope to see you on the slopes.

Linda B

BASIC SKI AREA INFORMATION
ALWAYS CHECK PRICES ON LINE THEY MAY CHANGE

NEW JERSEY

MT. CREEK 973-827-2000

AGE 7 – 79
Full day ticket open to close Mon – Fri $100+ Weekend $120+
Twilight 3pm – close $80
Triple Play No Blackout Dates $140
Parking from free to $20 - $50 depending where you park
SENIOR 80+ Free

PENNSYLVANIA

SHAWNEE MT. 570-421-7231
These are window prices. You may get a cheaper rate on line

ADULT age 19 – 64 SENIOR age 65 – 69 YOUTH 18 & under
One Day ticket Mon – Fri ADULT $70 SENIOR $53 YOUTH $52
One Day ticket Weekend ADULT $90 SENIOR $75 YOUTH $70
Twilight 3pm – close ADULT $55 SENIOR $50 YOUTH $50
SUPER SENIOR 70+ FREE at all times
Military Discount

CAMELBACK IKON PASS 855-515-1283
They lowered prices and deleted paid parking

MON – FRI 9am – 9pm WEEKEND 8:30am - 9pm
AGE 6 - 69
Open to close – from $55
4 Hour ticket – Start at any time during day from $44
Twilight 3pm – close – from $36
SENIOR 70+ $10
Triple Tickets Get 3 full days of skiing / riding ONLINE
Military Discount
Snow Tubing $29 – 2HR

BLUE MOUNTAIN IKON PASS 610-826-7700
FLEX PRICING PURCHASE ON LINE

8 Hour Start anytime 4 Hour AM (start before 12 noon)
4 Hour (start between noon and 3pm) Evening (after 4pm)
Prices vary from $41 to $90
Best bet go online. Prices vary from day to day and some days sell out
Military Discount
Snow Tubing

BASIC SKI AREA INFORMATION. CONT.

ALWAYS CHECK PRICES ON LINE THEY MAY CHANGE

BIG BOULDER – JACK FROST EPIC PASS 570-443-8425
Can buy tickets on the EPIC PASS app

FLEX PRICING ON LINE $80 - $110
ADULT 13 – 64
SENIOR 65+
Military Discount
Snow Tubing

MONTAGE MOUNTAIN – SCRANTON 570-969-7669

SKI FOR ALL Mon-Thurs $45 Non holiday Mondays
WEEKEND/HOLIDAY 4HR FLEX from $75
6 HR FLEX from $84
8 HR FLEX from $93
SENIOR $15 AT ALL TIMES

ELK MOUNTAIN 570-679-4400
RFID CARD $5
Prices same online or at window. Does not limit sales
Beginner prices for any age
Mid week is Mon – Wed
Adult age 18 – 64 Mid Week $81 Weekend $98
Senior age 65 – 74 Mid Week $71 Weekend $85
Super Senior age 75+ Mid Week $61 Weekend $73
Military Discount
SENIOR Tuesdays 65+ $50 Collage Wednesdays $50
8 HR & 4 HR tickets Prices higher on weekends
Check website for more info & prices

NEW YORK STATE

BELLEAYRE MT 845-254-5600 CASHLESS AREA
RFID CARD $5 Purchase on line – no window walk-up
Weekend and Holiday must be purchased on line
Tickets are DATE SPECIFIC PRICES VARY
ADULT 20 – 64 $119
SENIOR 65 – 69 $94
SENIOR 70+ $55 At all times – can be bought at window anytime
Military Discount

HUNTER MOUNTAIN EPIC PASS 518-263-4223
FLEX PRICING BUY ONLINE Limited Availability on popular days

Age 18 – 64 Mid Week $109+ Weekend $150 - $180
SENIOR 65+ Mid Week $96+ Weekend $130 - $158
Military Discount

Submitted by Linda Burns

Trips

Cliff Gawel organized a Club ski day at Blue Mountain (PA) Friday March 20. Conditions were perfect, plenty of snow, soft moguls, spring temperatures, and 16 members showed up, thanks Cliff!

The Cape Cod trips are June 11-18 and September 10-17. Contact Phil Uhler to sign up. If you'd like to help run these trips, Phil would appreciate that too!

Pres

Meetings and Other Events

The Executive Board met March 10. At that night's membership meeting we had 15 attendees. You can get High Life Ski Club apparel now from Sal Pulitano. The Lodge Trustees met March 24. There's more on Lodge and Club meetings and events elsewhere in this newsletter and on the Club website. Below are the upcoming meeting dates.

The next Zoom meeting for all members will be May 5.

High Life Ski Club Meetings Schedule

- Tuesday April 14 at Exchange Restaurant
  - 6:30 pm Executive Board Meeting
  - 7:30 pm Membership Meeting

(present nominations and slate of candidates)

- Tuesday April 28 at Exchange Restaurant
  - 6:30 pm Lodge Trustees
  - 7:30 pm Membership Meeting

(Election - the Club will provide food)

- Tuesday May 5 Zoom
  - 7:00 pm Membership Meeting

- Tuesday May 12 at Exchange Restaurant
  - 6:30 pm Executive Board Meeting (appoint Nominating Committee)
  - 7:30 pm Membership Meeting

- Tuesday May 26 at Exchange Restaurant
  - 6:30 pm Lodge Trustees
  - 7:30 pm Membership Meeting

HLSC Lodge 2025-26 Winter Season

WEEKEND Saturday	Dates	Event	START SIGN UPS Tuesday	Trustee	NOTES
1-Nov	10/29-11/4		21-Oct	Mike Burbridge	
8-Nov	11/5-11/11	Work Weekend	28-Oct	Chris Cooney	
15-Nov	11/12-11/18		4-Nov	Steve Anderson	
22-Nov	11/19-11/25		11-Nov	Jim Ferrone	
29-Nov	11/26-12/2	Thanksgiving	18-Nov	Ken Chodkiewicz	
6-Dec	12/3-12/9		25-Nov	Chris Moser	
13-Dec	12/10-12/16		2-Dec	Jim Ferrone	
20-Dec	12/17-12/23		9-Dec	Jack McDevitt	
27-Dec	12/24-12/30		16-Dec	Donna Long	Christmas
3-Jan	12/31-01/06	New Year's	23-Dec	Chris Moser	New Years
10-Jan	01/07-01/13		30-Dec	Mike Burbridge	
17-Jan	01/14-01/20	MLK Weekend	6-Jan	Jack McDevitt	Family Weekend
24-Jan	01/21-01/27		13-Jan	Kerry Klotz	Family Weekend
31-Jan	01/28-02/03		20-Jan	Chris Cooney	
7-Feb	02/04-02/10	Superbowl	27-Jan	Nancy Mathiesen	
14-Feb	02/11-02/17	President's Weekend	3-Feb	Steve Anderson	Family Weekend
21-Feb	02/18-02/24		10-Feb	Ken Chodkiewicz	Family Weekend
28-Feb	02/25-03/03		17-Feb	Steve Anderson	
7-Mar	03/04-03/10		24-Feb	Chris Moser	
14-Mar	03/11-03/17	St. Patrick's Dinner	3-Mar	Chris Cooney	
21-Mar	03/18-03/24		10-Mar	Nancy Mathiesen	Family Weekend
28-Mar	03/25-03/31		17-Mar	Donna Long	MCSC Weekend
4-Apr	04/01-04/07	Mogul Challenge	24-Mar	Jack McDevitt	Easter
11-Apr	04/08-04/14		31-Mar	Mike Burbridge	
18-Apr	04/15-04/21		7-Apr	Kerry Klotz	
25-Apr	04/22-04/28		14-Apr	Jim Ferrone	
2-May	04/29-05/05		21-Apr	Steve Anderson	
9-May	05/06-05/12		28-Apr	Chris Cooney	
16-May	05/13-05/19		5-May	Donna Long	
23-May	05/20-05/26		12-May	Jim Ferrone	Memorial Day
30-May	05/27-06/04		19-May	Nancy Mathiesen	

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