The Sitzmark

THE NEWSLETTER OF THE HIGH LIFE SKI AND SNOWBOARD CLUB

October 2025

Check for updates regarding in person meetings!

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Submission Deadline for the November Issue is October 30

Send items to: youngne1965@gmail.com

President's Message

Submitted by Paul Roy, President, 917-577-3737 pauldenisroy@aol.com.

Your member vote remains an important part of High Life Ski Club and High Life Ski Lodge decision making, in particular big and costly decisions. As an active current member of High Life Ski Club, you are able to vote on unbudgeted items over $500, for both the Club and the Lodge. This voting requirement is in the by-laws of both entities, reflecting the hands-on expectation of members dating all the way back to Club founding in 1965.

We had an important membership meeting at the Exchange Tuesday evening September 23. Chris Cooney asked members to attend to consider and approve some important Lodge projects. I'm happy to report that we did have a membership quorum that night, and had full discussion and valid membership approvals of three important Lodge projects:

1. Resurfacing the parking area
2. Purchase of an Automated External Defibrillator (AED)
3. Replacing the old worn out insulation in the barn

Chris Cooney will provide more details and status updates on each project in the coming months. In addition, the members formally approved the bill for the band "The Kootz" at the November 1 Club 60th anniversary dinner. Thanks to all you members who showed up to consider and approve these important costs. I'm happy to report that each approval was unanimous or almost so.

You can still sign up for the Club's 60th anniversary dinner gala at Tavern 73 in Pine Brook. Please join us for a festive night.

For your quick reference, here is High Life Ski Club's Executive Board for June 2025 through May 2026:

President – Paul Roy
Administrative VP/Membership – Carol Cooney
Officer at Large – Linda Burns
Treasurer – Jeffrey Zega
Recording Secretary – Sal Pulitano
Corresponding Secretary – Barbara Capsouras
Parliamentarian – Ron Smolt
NJ Ski and Snowboard Council Representative – Bob Zega
Ski Trip Chairperson – Nina Tudorowsky
Activities Chairperson – Cliff Gawel
Newsletter Editor – Andrie Young
Social Media Coordinator – Jason Briggs

(Pres. Messsage Cont pg.16)

LODGE REPORT

Happy October!! September's weather has been beautiful, and the first dozen-or-so days of October will hopefully continue that trend. Due to the extremely dry weather in the Northeast, the New England's trees are changing color and dropping their leaves a bit early and quickly. Come join a work-weekend, or book a quick weekend getaway and enjoy Autumn at your Lodge. Before you know it, winter will arrive, and Vermont's luscious colors will be replaced with the pristine white of fresh snowfall.

In regards to the dry conditions....they have placed significant stress on the Lodge's natural water supply. Though the Lodge's supply did not run dry, the Lodge did close down for several days in September to help mitigate our water demand. Some late September rainfall has helped, and the Lodge has once again reopened. The Lodge is asking everyone to please be conscious of water-use at the Lodge. The Lodge also asks everyone to stay in contact with your House-Mom....though the upcoming dry weather is fantastic for outdoor activity, the Northeast and our Lodge are in need of rainfall. While we hope to not impact anyone's plans, continued dry weather may cause another shortage which could impact the Lodge's availability.

The Lodge Committee wishes to thank the tremendous membership turnout at the September 23 rd General Club Meeting. At this meeting, the membership was presented with an explanation of some non-budgeted projects at the Lodge. This fall, the Committee plans to install an AED (portable defibrillator) at the Lodge, resurface the driveway and parking lot with QP, and remove and replace the insulation beneath the barn floor. Thanks to the membership vote, funding for these projects has been approved. Look for these upgrades in the coming months and pay attention to the Sitzmark for project updates!!

Now that we have project funding, the Lodge needs your help to bring them to completion!! The next Work Weekend will be held from October 10-12 th . Ken Chodkiewicz is taking signups for the event now (**kchod27@gmail.com** or 973-919-1962). In addition to a great weekend which includes painting, yard cleanup and preparation for the completion of the aforementioned projects, the weekend will feature a Saturday fundraiser dinner, an opportunity to view some beautiful foliage, or extend your long-weekend stay. All workers enjoy complimentary Friday/Saturday night Lodge fees as well as a complimentary lunch on Saturday!

Can't make the October Work Weekend?? Put the final Work Weekend of the season on your calendar from November 7-9th!!

Please note: The Lodge Schedule has a subtle adjustment. Specifically....Jack McDevitt and Nancy Mathiesen are trading weeks. Look for the updated schedule on the High Life Web Page and in this edition of the Sitzmark.

Chris Moser has only a handful of $25 seasonal lockers left for the 2025-26 season. These lockers are located behind the cipher lock on our Barn and can fit most skis or snowboards! Contact Chris for rental details (**jeager1234@yahoo.com** or 856-905-7960)

Please read the updated guideline article (as well as updated schedule) included in the Sitzmark. This article is designed to help each of us navigate the Lodge reservation process. The guidelines continue to evolve based on feedback from members, Lodge Trustees, and Club Leadership. Please read the article and call me if you have questions. Thank you in advance!!

The Lodge Committee wishes everyone a beautiful October!!



-Chris Cooney
Lodge Chairperson

September 9

SEPTEMBER EVENTS

Peter Noone did a great job, entertaining the almost full house crowd. They played many great oldies. Many of us arrived early to enjoy some tailgating.









Submitted by Cliff Gawel



SEPTEMBER EVENTS CONT.

Highlife's 2025 Fall Cape Cod trip saw us with warmer weather as we headed there earlier than prior trips. The pool was still open and was used by many of us as well as a few frogs. Even the ocean temperatures were inviting. Highlights included a lobsterfest and our usual pizza party.
Next month we should have dates for our spring trip so stay tuned.
Subm













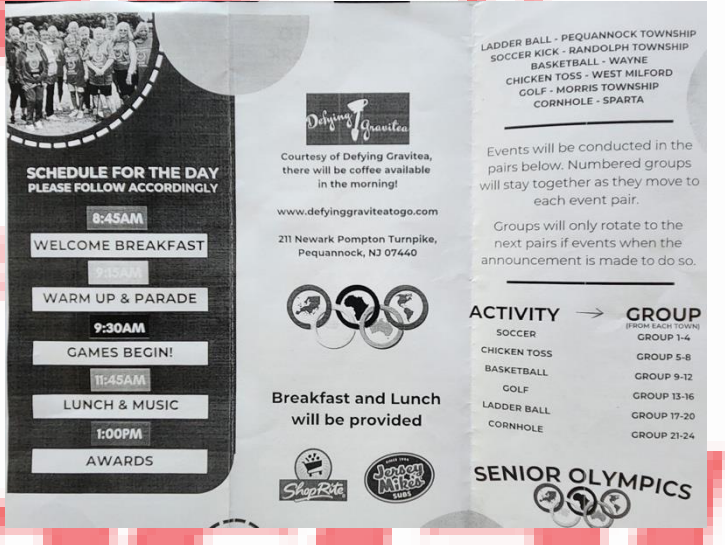


SEPTEMBER EVENTS CONT.

SENIOR OLYMPIC 2025, SEPTEMBER 17



The 36th Annual Senior Olympics was held in Pequannock. NJ this year. Two of HLSC members (Ronald Smolt, Nina Tudorowsky) were able to join the RANDOLPH TEAM, which competes with 5 other New Jersey townships. (SPARTA, WEST MILFORD, RANDOLPH, WAYNE, MORRIS TOWNSHIP, PEQUANNOCK) You can join a township that you live in OR join a neighboring township to be part of the Olympics. Members need to be 55 or older. Ronald Smolt and Nina Tudorowsky would like to encourage others to be part of this great program. Visit your town's PARKS AND RECREATION DEPARTMENT. You get to meet other teams, become friends, compete in a very spirited outdoor environment. RANDOLP H TEAM came in FIRST PLACE with additional 5 individual medals.





SUBMITTED BY NINA TUDOROWSKY

Submitted by Nina Tudorowsky

SEPTEMBER EVENTS CONT.





Our High Life group of 11 enjoyed an unforgettable 7-day ski trip to Chile, based at Hotel HF near El Colorado. Just before our arrival, the Andes were blanketed with over four feet of fresh snow, creating perfect conditions for the week. The journey from Santiago to the hotel was an adventure in itself—a winding 7-hour drive up a steep and narrow mountain road. We spent our days skiing Valle Nevado, El Colorado, and La Parva, carving wide-open runs with breathtaking views. As the week went on, the weather warmed, and some of us were skiing in just light layers, sharing the trails with international pros in training. It was the ideal blend of adventure, deep powder, and unforgettable moments together in the high-altitude mountains.

US SKI TEAM WITH HLSC GROUP. GO LINDSEY









SEPTEMBER EVENTS CONT.

On Friday, the High Life crew enjoyed a scenic 15-mile bike ride along the Delaware river. The ride included a stop at Washington Crossing Park where we toured the museum. The park preserves the site where George Washington crossed the Delaware River and turned the tide of the Revolutionary War.

The cycling ended at the Lambertville station restaurant where we enjoyed cocktails and a delicious dinner. It was an amazing day!









Submitted by Cliff Gawel

SEPTEMBER EVENTS CONT.

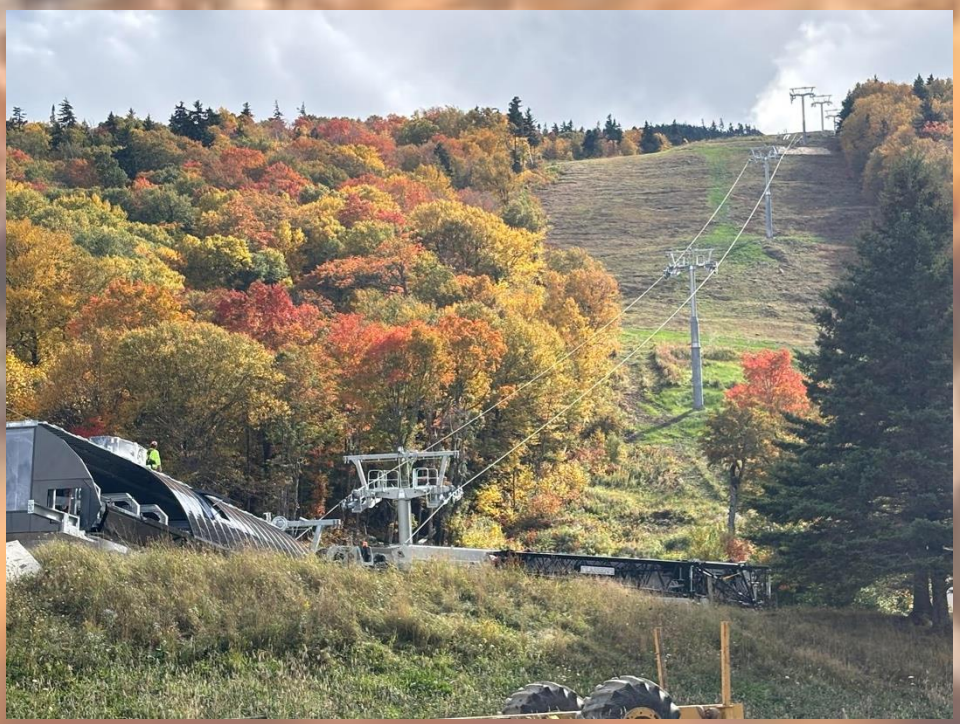
Looks like mountain biking is still going strong at Killington. This is just one of the full parking lots on a Thursday afternoon in late September. And the line of bikers to get on the chair was longer than the skiers in ski season.

The new Superstar chair looks like its just about ready to go. Some workers on top of the new base station probably making some last-minute adjustments. Not sure if they used the old towers or these are replacements, but everything looked new and shiny.

Only a few weeks left until opening day. Pray for snow!

Submitted by Steve Anderson.





LODGE GUIDELINES

Hello High Lifers!

With the increasing demand of Lodge use the Lodge Committee would like to streamline the communication process as it pertains to making Lodge reservations. This document is meant to be dynamic and will be continuously updated as we figure out what works and what doesn't. The Lodge Committee asks all members to take the below guidelines into consideration as you make your Lodge reservations. Remember....the key to an effective reservation is to have clear and comprehensive communication with your House-mom. As of November 1st, the Lodge will be collecting Winter rates for Lodge use. Please see the Lodge Rules and Regs for the current rates or ask your House-mom.

All reservations must be confirmed directly with a house mom before a payment is made. ***Failure to do so will result in a mandatory $5 penalty to be paid into the Lodge Supply Bucket.***

Guidelines for paying for Lodge stays through Zelle

For those who wish to utilize Zelle to pay for their Lodge usage, please be aware of the following guidelines:

1. Members (only) can pay for Lodge stays and events electronically using the Zelle app on their mobile device.
2. NO ZELLE PAYMENT is allowed until after you've communicated with the house-mom and have a confirmation for your stay. If a payment is made prior to confirmation from the house-mom, a *$5* penalty will be assessed.
3. Zelle can ONLY be used for payments. *No refunds will be made once a Zelle payment is confirmed*. If a change to a reservation is made and is compliant with the Lodge rules, a credit will be issued.
4. If a member uses Zelle for payments, the member is responsible for ensuring they know how to correctly use the Zelle application. High Life Ski Lodge, Inc. is not responsible for any user error, application malfunction, or security of the relationship between Zelle and your bank account.

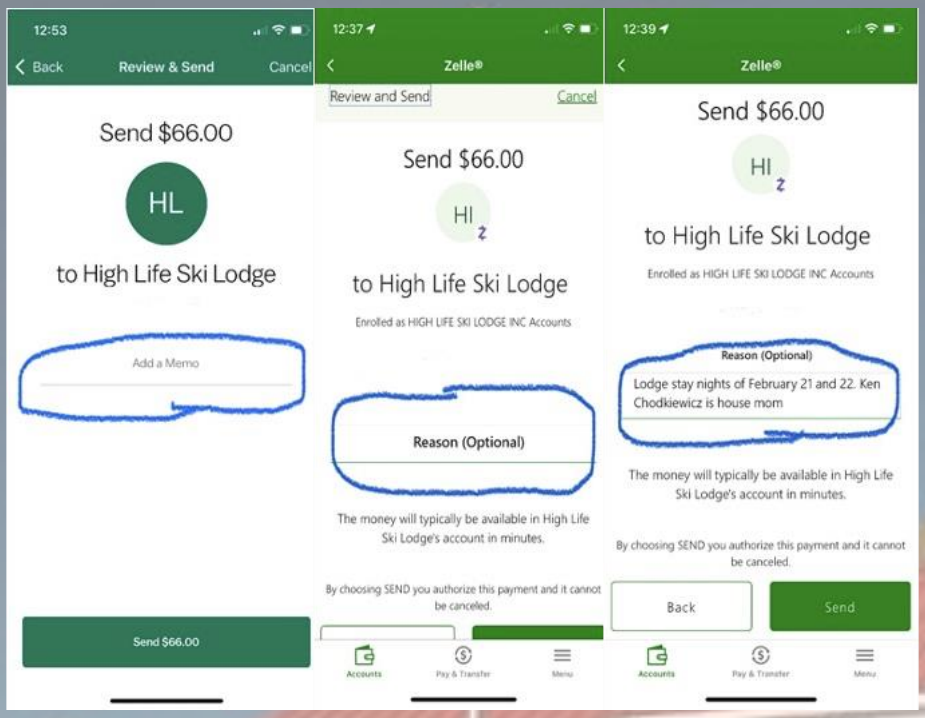
To pay using Zelle, please follow these instructions:

Confirm the recipient information with the House-mom. Input this information per House-mom instructions.

In the comment section, (may be listed as "Reason", "Add a Memo" or something similar based on your banking or Zelle app), please list dates of your intended overnights (ie. Jan 4,5,6) and the name of the corresponding house-mom. Including this information in the comment section eases tracking for your payments. Please note: This field is NOT required by Zelle to execute a transaction.....you must consciously input the requested information. See Screenshots below.
Failure to include this information will result in a $5 penalty to be paid to the Lodge supply bucket.



LODGE GUIDELINES CONT.



Note: Your bank or Zelle app may look different. These are for example only

Once you've completed the payment, please inform the house-mom. Optionally (if your personal banking information is not visible) you could additionally forward a screenshot or confirmation email.

REMINDER: *Making a Zelle payment prior to receiving house-mom confirmation of your reservation or failing to fill in the Reason/Memo section of the Zelle transaction will result in a $5 penalty.*

Reservations are taken in person at Club meetings as per the dates on the Lodge schedule, which is posted on the Club Web Page (or you can ask a House-mom to email you the .pdf). After that meeting house moms will accept reservations by email or phone call only!! No initial contact with a House-mom via text-message.

Please call during reasonable hours of the day (hint: if you have to ask yourself if it's a reasonable time, chances are it isn't)....*and remember that many of our House-Moms still work and might not be able to respond for several hours*. Our House-Moms do their best to acknowledge your communication as quickly as possible, but at times an immediate response is not possible. If you'd like to go to the Lodge, please allow ample time for your House-Mom to get back to you. During your initial communication please include the following information

*****The High Life Lodge Committee loves our storm-chasers as well as those who love to spontaneously journey to Vermont. Please keep in mind that as you try to communicate with the house-mom, they may already be at the Lodge (especially if you are calling from Thursday-Monday). Please be sure to try calling the Lodge (802-773-9742) if you have difficulty communicating with the house-mom for your spontaneous plans.**



LODGE GUIDELINES CONT

Your full name

2. Number in your group and composition (ie a couple, kids (ages), family, member or guest, etc) and their full names.

3. Date and day of arrival, the number of nights, and the date/day of departure

4. Your intended Payment method (Zelle, mailing a check, payment upon arrival, gift-card, voucher, etc)

-Below are some examples of the type of information that would best-help your communication with your House-mom. These are not intended to be all inclusive.... they're just samples.

Example 1

Hello my name is "John Smith". I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. I will be alone. If I can get bed XYZ, that would be great but will take what is available. I can give you a check upon arrival or mail to you. Thank you.

Example 2

Hello my name is "John Smith" My wife "Jane Smith" and I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. Jane is also a member and we would like a couple's room if available. I can Zelle the payment and so as you can confirm. Thank you.

Example 3

Hello my name is "John Smith". I would like to make a reservation for myself, my son "Adrian Smith", my brother-in-law "Steve Harris" and his son "George Harris". Steve and George are not members. We would like to arrive at the lodge on Friday, December 1st, stay for 2 nights, and depart on the morning of the 3rd. If possible, I would like all of us in one room. I can mail you a check or give you a check upon arrival. Thank You.

Once you have your assigned bed, you are not allowed to change your sleeping location without approval from your House-mom. This includes taking a perceived empty bed in another room or in the attic.

There've been a few occasions when we have had members arrive late at night only to find someone in the bed/room they have been assigned. Mayhem and chaos ensue.

As House Moms we do our best to facilitate your reservation and make your Lodge experience as enjoyable as possible. We take into consideration each scheduled member coming-and-going, changes of plans (extending/shortening their stay), groups that would like to bunk in the same room, short notice requests and overlapping stays that cover two or even three different House Moms. Eighteen hundred bed nights is awesome...but can be a bit to juggle...so please, talk to the House Mom before moving from assigned bed/room. We promise to do our best to help.

We thank you for your cooperation and look forward to a wonderful Fall.

The Lodge Committee.





OCTOBER EVENTS



Fall Free Concert at PNC Bank Arts Center

FRIDAY, OCTOBER 3 AT 7:30PM. COUSIN BRUCIE PRESENTS. THE RASCALS- 60TH ANNIVERSARY FAN APPRECIATION SHOW. & GARY LEWIS & THE PLAYBOYS

The Rascals 60th Anniversary Fan Appreciation Show featuring the iconic Felix Cavaliere and Gene Cornish. (A Beautiful Morning, Groovin', A Girl Like You, How Can I Be Sure, Good Loving). Joining the celebration are fellow hitmakers Gary Lewis & The Playboys (This Diamond Ring, Count Me In, Save Your Heart For Me, Everybody Loves A Clown, She's Just My Style, Sure Gonna Miss Her, and many more.)

Any questions, let me know. bcapsouras@aol.com or (973) 713-4951
Barbara Capsouras

October 11

Work Weekend

Join your fellow High Lifers for a Work Weekend to ready our Lodge for the season ahead.





OCTOBER EVENTS CONT.



SNOW TRIPLE PLAY PASS DISCOUNT

The Snow Triple Play is currently on sale at $189.99 (+ credit card & processing fees) now through Midnight on Columbus Day - Monday October 13, 2025. On 10/14 we will increase pricing to our $199.99 rack rate through the remainder of the sale. We will go off sale on Christmas Day - Thursday December 25, 2025.

Adventure awaits. Unknown-1.jpeg

The Snow Triple Play gives you 3 visits that can be used at any of our 16 participating ski areas.

Ski more. Ride more. Explore more this winter with the Snow Triple Play.

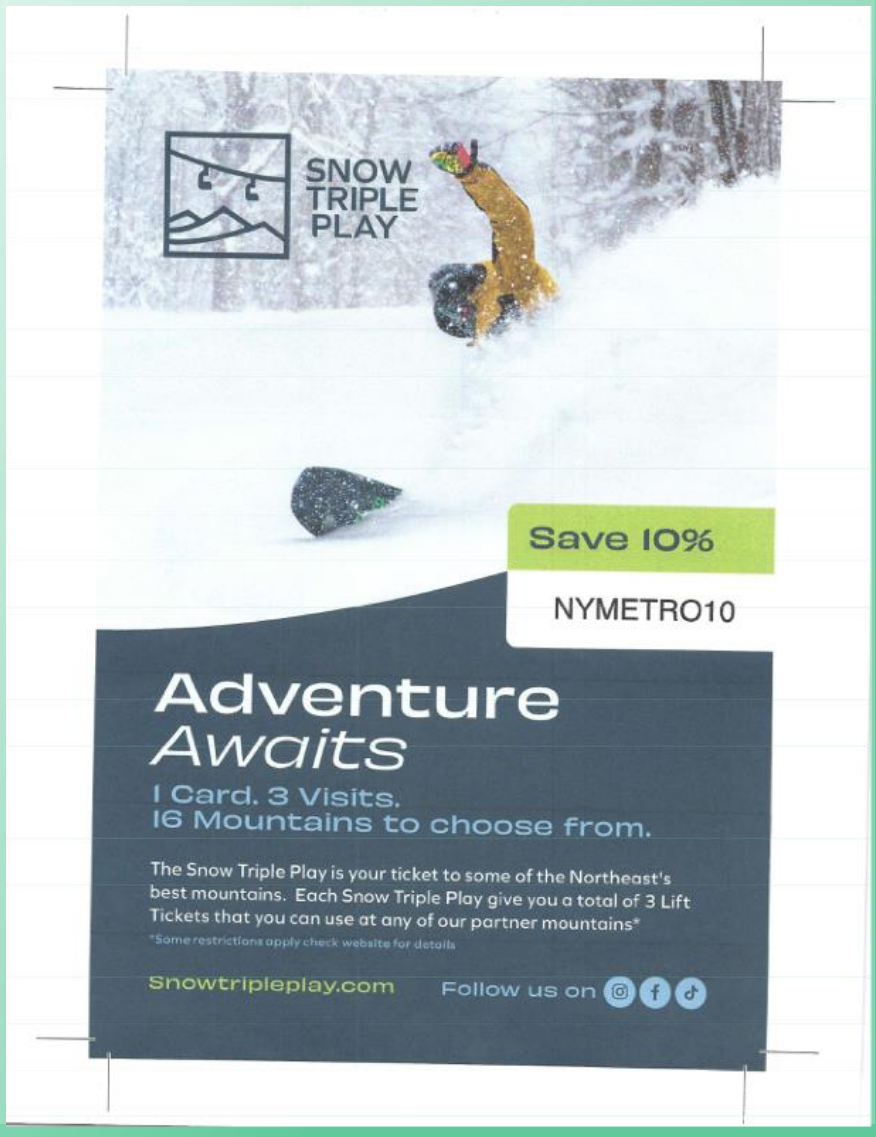
Product Description:

The Snow Triple Play is your ticket to ski and ride more this winter. Each purchase entitles one individual to 3 total visits at any of our participating partner mountains.

**Snow Triple Play purchases are non-refundable and non-transferable. Some blackout days may apply. Check our partner mountain profiles for redemption requirements and restrictions.

Participating Ski Areas:

- Big Snow American Dream
- Mountain Creek
- Plattekill Mountain
- Belleayre
- Gore
- Whiteface
- Oak Mountain
- Kissing Bridge
- Mount Southington
- Ski Butternut
- Pleasant Mountain
- Sommet Saint Sauveur
- Sommet Olympia
- Sommet Gabriel
- Sommet Morin Heights
- Martock



LOOKING AHEAD

November 1, 2025.

Save the Date: High Life Ski Club 60th Anniversary Celebration

Get your tickets now!

Save $5 by end of August and reserve your seat for the 60th anniversary gala on November 1. Fabulous food, live music, and great friends. Event is at Tavern 73 in Pine Brook from 6-10 pm. Semi-formal dress optional. No jeans please.

See website for flyer.

Submitted by

Melody Wenger

November 8 **Work Weekend**

Join your fellow High Lifers for another Work Weekend to ready our Lodge for the busy season ahead.



SKI TRIPS 2026



ZERMATT/PARIS: January 30 to February 7 or extension to February (10). Final Payment is due October 1, 2025 There are no changes to this trip. We still have a waiting list in effect.

WHITEFISH, MONTANA: We still have *2 spaces available*. Please contact Charles Kirk cfkirk@hotmail.com or 973-650-7925 or Nina Tudorowsky at 973-900-4412



SUBMITTED BY: N. TUDOROWSKY

Racer Ready?

Killington Race Camp 12/8-12 and 12/13,14

2025 Camp Sessions & Pricing

5-Day Race Camp

- Dates: December 8-12, 2025
- Camp & Lift Ticket: $651
- Camp Only (IKON/Pass Holders): $481

2-Day Slalom Camp

- Dates: December 13-14, 2025
- Camp & Lift Ticket: $340
- Camp Only (IKON/Pass Holders): $276

Mid Atlantic Masters, tentative schedule

* Jan 5-8: Lisa Ballard Camp @ Hunter, NY [CONFIRMED]

* Jan 9-10: Season Opener GS/SL @ Belleayre, NY [CONFIRMED]

* Feb 7: GS @ Catamount, NY

* Feb 13-15: SG/GS/SL @ West Mountain, NY [CONFIRMED]

* Feb 21-22: PA Cup Weekend @ Big Boulder and Montage PA

Submitted by David Young

President's Message Cont

Meetings and Other Events

On September 9, 12 attending members participated in an informal discussion of Club activities.

The Lodge Trustees met. September 23 They are working on a lot of big projects like chimney cleaning and the ones mentioned above. Work weekends are coming up October 11 and November 8. At the following membership meeting we had a strong turnout, well over 30.

Trips and Activities

The Club's Zermatt Switzerland trip is January 30 to February 7, 2026. Whitefish, Montana is February 12-28, 2026. Contact Nina Tudorowsky or Charlie Kirk to sign up.

The New Jersey Ski and Snowboard Council offers trips too. Check the website: njssc.org

Below are the upcoming Club meeting dates. The next Zoom meeting for all members will be October 7. Check the Club website and your email for the latest schedule.

High Life Ski Club Meetings Schedule

- **Tuesday October 7 Zoom**
  7:00 pm Membership Meeting

- **Tuesday October 14 at Exchange Restaurant**
  6:30 pm Executive Board Meeting
  7:30 pm Membership Meeting

- **Tuesday October 28 at Exchange Restaurant**
  6:30 pm Lodge Trustees
  7:30 pm Membership Meeting

- **Tuesday November 11 at Exchange Restaurant**
  7:30 pm Membership Kick-off Meeting

- **Tuesday November 25 at Exchange Restaurant**
  6:30 pm Lodge Trustees
  7:30 pm Membership Meeting

- **Tuesday December 9 at Exchange Restaurant**
  6:30 pm Executive Board Meeting
  7:30 pm Membership Meeting

HLSC Lodge 2025 Summer Season

WEEKEND Saturday	Dates	Event	START SIGN UPS Tuesday	Trustee	Combo
3-May	04/30-05/06		22-Apr	Chris Cooney	
10-May	05/07-05/13		29-Apr	Dave Young	
17-May	05/14-05/20	Work Weekend	6-May	Donna Long	
24-May	05/21-05/27	Memorial Day	13-May	Jim Ferrone	
31-May	05/28-06/03		20-May	Chris Moser	
7-Jun	6/4-6/10		27-May	Steve Anderson	
14-Jun	6/11-6/17		3-Jun	Nancy Mathieson	
21-Jun	6/18-6/24	Work Weekend	10-Jun	Mike Burbridge	
28-Jun	06/25-7/1		17-Jun	Ken Chodkiewicz	
5-Jul	7/2-7/8	July 4th	24-Jun	Jack McDevitt	
12-Jul	7/9-7/15		1-Jul	Kerry Klotz	
19-Jul	7/16-7/22	Golf Weekend	8-Jul	Chris Cooney	
26-Jul	7/23-7/29	Rodeo Weekend	15-Jul	Donna Long	
2-Aug	7/30-8/5		22-Jul	Steve Anderson	
9-Aug	8/6-8/12		29-Jul	Nancy Mathieson	
16-Aug	8/13-8/19		5-Aug	Chris Moser	
23-Aug	8/20-8/26	Motorcycle Touring	12-Aug	Chris Cooney	
30-Aug	8/27-9/2	Labor Day	19-Aug	Jim Ferrone	
6-Sep	9/3-9/9	Work Weekend	26-Aug	Jack McDevitt	
13-Sep	9/10-9/16		2-Sep	Mike Burbridge	
20-Sep	9/17-9/23		9-Sep	Donna Long	
27-Sep	9/24-9/30		16-Sep	Jim Ferrone	
4-Oct	10/1-10/7		23-Sep	Kerry Klotz	
11-Oct	10/8-10/14	Work Weekend	30-Sep	Ken Chodkiewicz	
18-Oct	10/15-10/21		7-Oct	Jack McDevitt	
25-Oct	10/22-10/28		14-Oct	Nancy Mathiesen	
1-Nov	10/29-11/4		21-Oct	Mike Burbridge	
8-Nov	11/5-11/11	Work Weekend	28-Oct	Chris Cooney	
15-Nov	11/12-11/18		4-Nov	Steve Anderson	
22-Nov	11/19-11/25		11-Nov	Jim Ferrone	
29-Nov	11/26-12/2	Thanksgiving	18-Nov	Ken Chodkiewicz	
6-Dec	12/3-12/9		25-Nov	Chris Moser	

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KERRY KLOTZ (973) 420-5444 kerryklotz@ymail.com	NANCY MATHIESEN (201) 400-2597 nhackelberg@yahoo.com
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