The Sitzmark

THE NEWSLETTER OF THE HIGH LIFE SKI AND SNOWBOARD CLUB

February 2025

Check for updates regarding in person meetings!

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Submission Deadline for the March Issue is February 26

Send items to: youngne1965@gmail.com

President's Message - Submitted by Paul Roy, President, 917-577-3737 pauldenisroy@aol.com

As I write this article, Killington has 148 of 155 trails open (95%!). There's snow forecast for three of the next seven days. Killington will be 100% open with great skiing everywhere by the time you read this!

Our Club now has almost 340 members including about 12% new joiners. With all the membership renewals coming in, the Club's bank account is solid at about $61,000.

Thanks to the New Jersey Ski and Snowboard Council, Club members can purchase discounted lift ticket vouchers to Killington and Pico. The pricing, order form and instructions are on the Club's website (highlifeskiclub.org). Bob Zega handles Killington and Pico voucher orders quickly by email. See the NJSSC website for other discounted lift ticket opportunities at New York and New England ski areas.

Meetings and Other Events

The Lodge Trustees met January 28. There were 24 at the following membership meeting. The Executive Board met January 14. There were 19 at the following membership meeting, including two who joined the Club that night and two more who plan to join. We had 22 attend the Zoom membership meeting on January 7.

(President's Message Cont. pg 16)

LODGE REPORT

The winter of 2025 is off to a fantastic start! Cold temperatures and intermittent snowfall have your favorite Vermont resorts in top shape. As of the end of January, 100% of Pico's trails are open and Killington has 155 out of 156 trails available (the Superpipe Trail hasn't made the cut yet). If snowshoeing is your speed, both trailed and backcountry conditions are excellent. Most importantly, your Lodge is waiting to host your winter getaway!

Super Bowl LIX is set for Sunday, February 9th! Don't miss the opportunity to watch the Kansas City Chiefs. attempt to win an historic third consecutive championship on the NEW HD TV in the Barn. Only the Philadelphia Eagles stand in Kansas City's way. Join your fellow High Lifers for food and fun as you watch the NFL's Championship game. Lodge and party signups with Mike Burbridge are already open....so give Mike a call!!

The Lodge will host the second Snowshoe excursion (see photos from the first weekend in this edition of the Sitzmark) on Saturday, February 15th. This family-friendly weekend offers a great winter alternative for those who have Epic/IKON/season passes with holiday weekend blackout dates. Dave Young will be hosting the weekend with Andrie Young leading the snowshoe adventure. Signups will begin on February 4th!!!

February 21-23 is another family-friendly Lodge weekend. Looking into March, the Lodge will feature a Saint Patrick's dinner and party on March 15th. More details in next month's newsletter!!

The Lodge Committee is very appreciative of how well our members have been taking care of the Lodge. By completing assigned chores, washing/drying/putting away dishes, cleaning the sinks and drain screens, emptying waste baskets, etc. our members keep the Lodge in top shape for all visitors. Thank you!!!!

The Lodge Committee also thanks everyone for their timely communication with their house-moms. As a reminder, please initiate all communication with the respective house-mom via phone call and/or email. Your house-moms will do their best to respond as quickly as possible.....however...we know some of you (especially during storm-chasing season) love to call your house-mom as you are walking to your car with the engine running....understand that your house-moms may be working, skiing, or unavailable for a few hours at a time. The sooner you reach out to your house-mom, the easier the signup process becomes.

As was mentioned last month, the utilization of Zelle for Lodge payments has been working fairly well when the procedure is correctly followed. Please, please, please DO NOT initiate a Zelle transaction without confirmation of reservation from a house-mom. In addition, be sure that your reservation details are placed in the comment field of the Zelle transaction and that a copy of the transaction be provided to your house-mom to confirm payment.

If you plan to pay via Zelle, your payment must be completed at the time of reservation or risk a possible late-payment surcharge. Again...communicate with your house-mom.

There is an updated guideline article included in the Sitzmark. This article is designed to help each of us navigate the Lodge reservation process. The guidelines continue to evolve based on feedback from members, Lodge Trustees, and Club Leadership. Please read the article and call me if you have questions. Thank you in advance!!

We can't wait to see you at The Lodge!!

-Chris Cooney

Lodge Chairperson



JANUARY EVENTS

2025 got off to a great start with 20 High Lifers in attendance at your lodge. After a day of skiing, appetizers were served; chips, dips, Hummus, Guacamole and Salsa complimented a 3Lb shrimp ring. Libations and good cheer soon followed. Members sat down for a full dinner of Salad, French bread, Pasta to be topped by Sausages, Meatballs or a 7 fishes casserole consisting of Cod, Shrimp, Calamari, Octopus, Scallops, Mussels, Clams and Cuttlefish. Dessert was served up featuring Pie Ala Mode from Mendon Orchards. Thanks to all the High Lifers in attendance for pitching in to cheer in the New Year with revelry in the barn. A special commendation to Andrie Young for her 2 days of prepping and cooking to satisfy all of the revelers. Hope to see you next time. Cheers *Submitted by David Young*























HAPPY NEW YEAR



JANUARY EVENTS CONT.



ASPEN SNOWMASS JANUARY 4 TO JANUARY 11

OUR GROUP ENJOYED TERRIFIC WEATHER WITH NEW SNOWFALL BEFORE OUR ARRIVAL. CONDITIONS WERE EXCELLENT FOR THE WHOLE WEEK. MEMBERS ENJOYED SKIING ALL 4 MOUNTAINS. WE STAYED MOSTLY IN SNOWMASS ENJOYING OUR SKI-IN SKI-OUT ACCOMMODATIONS. The group started with a wine and cheese hospitality reception at the Gate House.

Ice skating, HLSC curling team was there again, snowmobiling. Our group also enjoyed the 3 hot tubs, heated swimming pool and dry sauna.

SNOWSHOEING IN SNOWMASS : Our experienced environmentalist talked about the area's history, animals and conservation.

Our group enjoyed world class Bavarian restaurant dinner at The Edge. Best of all, it was walking distance from our condos. Appetizers, drinks, dinner, dessert in our own private room.

Frank & Joe joined Ruth and the weekly Tuesday "Over the Hill Gang" of locals for a ski tour of many secret and well known stashes of groomers, glades/trees, and mogul runs, around Snowmass. All Blues and [single] Blacks were fair games for this super enjoyable ski day and lunch with new friends. Ruthie is a 30 year veteran of the Snowmass Ski Ambassador Team, an expert skier, and was 86 years young in 2024. They barely kept up with her!

SUBMITTED BY NINA TUDOROWSKY















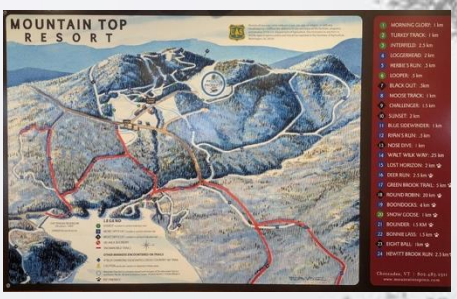




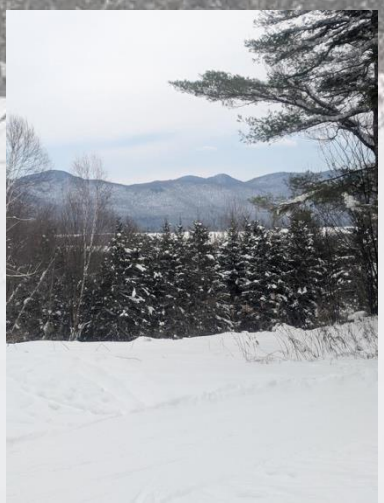


JANUARY EVENTS CONT.

January 18 – Chris Cooney led a group of Snowshoers at a Snowshoe excursion at the Mountain Top.















JANUARY EVENTS CONT.

High Lifers attended NJSSC Jingle & Mingle in Bound Brook. Had fun with skiers/boarders from Watchung Club. Join NJSSC for their next get together at Mountain Creek. *Mark your calendar for Monday, Feb 24.*
Look for details in future email.
By Melody Melwenger













FEBRUARY EVENTS



SKIER APPRECIATION DAYS

White Face Mountain: 2/3, 3/7 $64 3/30 $62 4/4-6 $54
Present your club card with the NJ Ski & Snowboard Council Sticker and a photo ID to obtain NJSSC discounts. Go to group sales if there are any problems.
Please contact Robert Zega at rjzega@yahoo.com or njssc.org if you need more information.

ONE SPOT OPEN ON SOLE-OUT BORMIO TRIP

High Life's trip to Bormio, Italy has an opening for 1 male in a shared double room. The trip departs on February 21, 2025 and returns on March 1st. A current, valid passport is required for this trip.

Please contact Nina Tudorowsky at (973) 900-4412 as soon as possible.

February 9

Super Bowl - Don't miss the opportunity to watch the Kansas City Chiefs. attempt to win an historic third consecutive championship on the NEW HD TV in the Barn.



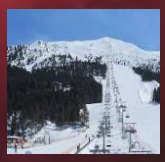


February 15

Family Week - Snowshoe Event
For more detailed information please see next page. If you have any questions please contact Andrie Young at youngne1965@gmail.com or 732-939-7879

February 21-March 1

HLSC. Trip to Bormio, Italy



February 22

Family Weekend







FEBRUARY EVENTS CONT.

February 15

Winter returns for Family Nordic Weekend 2/15-16
at your lodge.

Cross Country Ski and Snowshoe Events at:

- Mountain Top: groomed trails, (rentals available on site)
  or
- Lefferts Pond and Chittenden Reservoir: Trail breaking snow is possible. (Rentals available off site at Base Camp Outfitters).

Snowshoe Captain, Andrie Young will lead the Lefferts Pond expedition. Though family friendly, *parents must chaperone their children.*

Dress appropriately for cold weather,

- bring along a refreshing beverage and snacks for a 2-3 hour excursion.
- A restroom is available approximately 1 mile in.
- No fee for the trail access.

Snowshoe novice first class, David Young will organize (not lead) the Mountain Top excursion; Trail maps are available for your use.

- Restrooms are available at the Mountain Top Trail rental offices.
- A fee is charged for use of the trails at Mountain Top as they are maintained, groomed and patrolled.
- This is a family friendly resort area, again *parents must chaperone their children.*
- A snack bar is also available for hungry Nordic participants at the rental office.

Reservation sign-ups are currently open. For details contact house mom David Young via email, youngdavid020@gmail.com or phone reservation 609 571 5002.
Standard winter rates plus tax are in effect. Zelle payments or checks in advance are accepted and will reserve you a bed. As this is a holiday weekend, a busy house is to be expected. Make your reservations early.



Après Ski Happy hour

SCHUSS BAR
MOUNTAIN CREEK, VERNON
6P - 8P
MONDAY, FEBRUARY 24

DROP IN AFTER SOME SKIING
FOR FUN WITH OTHER CLUB MEMBERS

KARAOKE 7P TO 11PM

20% DISCOUNT ON LIFT TICKETS FOR MEMBERS

See discount directions flyer from NJSSC
* DISCOUNT FOR NJSSC MEMBER CLUBS ONLY *

New Jersey Ski & Snowboard Council Since 1939

LODGE GUIDELINES

Hello High Lifers!

With the increasing demand of Lodge use the Lodge Committee would like to streamline the communication process as it pertains to making Lodge reservations. This document is meant to be dynamic and will be continuously updated as we figure out what works and what doesn't. The Lodge Committee asks all members to take the below guidelines into consideration as you make your Lodge reservations. Remember....the key to an effective reservation is to have clear and comprehensive communication with your House-mom.

As of November 1st, the Lodge will be collecting Winter rates for Lodge use. Please see the Lodge Rules and Regs for the current rates or ask your House-mom.

All reservations must be confirmed directly with a house mom before a payment is made. ***Failure to do so will result in a mandatory $5 penalty to be paid into the Lodge Supply Bucket.***

For those who wish to utilize Zelle to pay for their Lodge usage, please be aware of the following guidelines:

1. Members (only) can pay for Lodge stays and events electronically using the Zelle app on their mobile device.
2. **NO ZELLE PAYMENT** is allowed until after you've communicated with the house-mom and have a confirmation for your stay. **If a payment is made prior to confirmation from the house-mom, a *$5* penalty will be assessed.**
3. Zelle can **ONLY** be used for payments. ***No refunds will be made once a Zelle payment is confirmed***. If a change to a reservation is made and is compliant with the Lodge rules, a credit will be issued.
4. If a member uses Zelle for payments, the member is responsible for ensuring they know how to correctly use the Zelle application. High Life Ski Lodge, Inc. is not responsible for any user error, application malfunction, or security of the relationship between Zelle and your bank account.

To pay using Zelle, please follow these instructions:

Confirm the recipient information with the House-mom. Input this information per House-mom instructions.

In the comment section, please list dates of your intended overnights (ie. Jan 4,5,6) and the name of the corresponding house-mom. Including this information in the comment section eases tracking for your payments. Once you've completed the payment, please inform the house-mom. Optionally (if your personal banking information is not visible) you could additionally forward a screenshot or confirmation email.

Reservations are taken in person at Club meetings per the dates on the Lodge schedule, which is posted on the Club Web Page (or you can ask a House-mom to email you the .pdf). After that meeting, house moms will accept reservations by email or phone call only!! No initial contact with a House-mom via text-message. Please call during reasonable hours of the day (hint: if you have to ask yourself if it's a reasonable time, chances are it isn't)....and remember that many of our House-Moms still work and might not be able to respond for several hours. Our House-Moms do their best to acknowledge your communication as quickly as possible, but at times an immediate response is not possible.

If you'd like to go to the Lodge, please allow ample time for your House-Mom to get back to you.



LODGE GUIDELINES CONT.

Please call during reasonable hours of the day (hint: if you have to ask yourself if it's a reasonable time, chances are it isn't)....and remember that many of our House-Moms still work and might not be able to respond for several hours. During your initial communication please include the following information

1. Your full name
2. Number in your group and composition (ie a couple, kids (ages), family, member or guest, etc) and their full names.
3. Date and day of arrival, the number of nights, and the date/day of departure
4. Your intended Payment method (Zelle, mailing a check, payment upon arrival, gift-card, voucher, etc)

Below are some examples of the type of information that would best-help your communication with your House-mom. These are not intended to be all- inclusive....they're just samples.

Example 1

Hello my name is "John Smith". I would like to arrive at the lodge on Dec 1st and stay for 2 nights, leaving the morning of the 3rd . I will be alone. If I can get bed XYZ, that would be great but will take what is available. I can give you a check upon arrival or mail to you. Thank you

Example 2

Hello my name is "John Smith" My wife "Jane Smith" and I would like to arrive at the lodge on Dec 1st and stay for 2 nights, leaving the morning of the 3rd . Jane is also a member and we would like a couple's room if available. I can Zelle the payment and so as you can confirm. Thank you.

Example 3

Hello my name is "John Smith". I would like to make a reservation for myself, my son "Adrian Smith", my brother-in-law "Steve Harris" and his son "George Harris". Steve and George are not members. We would like to arrive at the lodge on December 1st , stay for 2 nights, and depart on the morning of the 3rd . If possible, I would like all of us in one room. I can mail you a check or give you a check upon arrival. Thank You.

Once you have your assigned bed, you are not allowed to change your sleeping location without approval from your House-mom. This includes taking a perceived empty bed in another room or in the attic.

There've been a few occasions when we have had members arrive late at night only to find someone in the bed/room they have been assigned. Mayhem and chaos ensue.

As House Moms we do our best to facilitate your reservation and make your Lodge experience as enjoyable as possible. We take into consideration each scheduled member coming-and-going, changes of plans (extending/shortening their stay), groups that would like to bunk in the same room, short notice requests and overlapping stays that cover two or even three different House Moms. Eighteen hundred bed nights is awesome...but can be a bit to juggle...so please, talk to the House Mom before moving from assigned bed/room. We promise to do our best to help.



We thank you for your cooperation and look forward to a wonderful winter,
The Lodge Committee.

NJ SKI COUNCIL NEWS

1) Sales for discount lift tickets (Killington, Pico) are ongoing. Turn-around time is 4-5 days from the time I have your $$ till you have your tickets

2) The State Race is being held in February at Pico. For more information contact Linda Silbert at lbsilbert@aol.com or 973-632-0060.

3) **Whiteface offers discounted lift tickets AND discounted lodging (20% on its website) to member clubs of NJ Ski Council. You need to log-onto the NJ Ski Council website and follow the link for Whiteface.

4) Lake Placid NY events:

a. Lake Placid Olympic venue hosts a major event in February that includes the World Cup of Ski Jumping.. Tickets to these events are available via the White Face Mountain Ski Resort website.

b. Jan 30th to Feb 2nd: The Empire State Games……described as The Largest Winter Olympics styled event held in the North East. All Winter-Olympic sports are held……including all styles of skiing, racing, cross-country with participants from all ages and all abilities which should make it an interesting event to see!

c. Thrs; Feb 2snd is the FIS Ski Jumping World Cup at the Lake Placid Olympic Jumping Complex.

5) NJ Ski Council Website: Periodically check the website of NJ Ski Council for
information. www.njssc,org

See Ya on The Mountain,
Bob Zega, NJ Ski Council Rep

RACING SCHEDULE

RACING 2025

Killington Ski Bums- GS course on Highline each Wednesday 10:00 Am -2:00 Pm

2/5/25- Race 5
2/12/25 - Races 6 & 7 (DOUBLE RACE WEEK)
2/19/25 - Race 8
2/26/25 - Race 9
3/5/25 - Race 10
3/12/25–Finals

Pico Ski Bums every Thursday Afternoon 1:00 to close

2/6/25 - Race 4
2/13/25 - Race 5
2/20/25 - Race 6
2/27/25 - Race 7
3/6/25 - Race 8
3/13/25 - Race 9
3/15/25 - Vertical challenge special event race

The following events are tentatively scheduled:

2/02 Greek Peak NY
2/09 Catamount Mountain NY.
2/14, 2/15, 2/16 West Mountain NY
2/21 Jack Frost PA
2 /23 Montage Mountain PA
3/07, 3/08, 3/09 Finals TBD

Race Leagues:

United States Ski and Snowboard Association www.usskiandsnowboard.org
Michelob Ultra Ski Bum Race Series - Killington- Pico www.killington.com
Nastar- www.skiracing.nastar.com events in PA. Shawnee, Bear Creek, NY. Hunter Mountain, Vt. Okemo and Sugarbush

2/8/25 NJSSC State Race, High Life Ski Club Pico Mtn. VT.

Racing schedules are posted on individual association websites for places of events, dates and times.
I'll keep you posted as to upcoming race events and training days throughout the season. Remember race camps are a great way to train and improve your skills for the upcoming season. Contact me if you have any specific questions and I'll do my best to get back to you with the right info or contact. David Young: youngdavid020@gmail.com

If you are interested in racing for High Life, contact Linda Burns lbsilbert@aol.com

HIGH LIFE SKI CLUB APPAREL

Attention all High Life members – New and Old:

Support the club, show pride in your membership, and advertise the club to new prospective members. Just place an order for High Life Ski Club apparel.

We need 5 more orders to reach the minimum. It will take about two weeks to produce once we reach the minimum order. Let's go High Lifers!

Below is a list of what we will now offer with the High Life logo embroidered on each item:

High Life Apparel Pricing

Item	*Price*
Fleece Jacket (Full Zip)	$37
Fleece Vest	$32
Denim Shirt – long sleeve	$32
Denim Shirt-short sleeve	$30
Short Sleeve Tee	$15
Long Sleeve Tee	$18
Crewneck Sweatshirt	$25
Hoodie Sweatshirt	$30
Moisture Wicking Golf Shirt.	$25
Baseball hat	$15
Knit Hat	$15
Embroider your own item	$10

Most colors are available with each item. Just let Sal know the color you want, and he will do his best to accommodate you. Merchandise can be picked up at the regular Tuesday night meeting or it can be mailed to you for a small fee. Payment can be made by check, cash, or credit card.

In order to place an order, I need at least 9 items ordered in total. With well over 300 members and 68 new members, we shouldn't have a problem getting 9 orders. To place an order, email me at sal@thestratisgroup.net and tell me what item you want, the size, the color and how you'll pay for it as well as how you'd like to receive the order.



LOOKING AHEAD



March 15 St. Patrick's Dinner

March 22 Family Weekend

HLSC TRIPS

SNOW ALERT CHILI, SOUTH AMERICA TRIP STARTING AUGUST 22, 2025

Some of our members are booking Chile for August 2025. Air is on AA , departing 6:40pm on August 22, EWR connecting in Miami and arriving Santiago Airport SCL at 6:45am on Saturday August 23. The return flight is Friday August 29, 2025 on United to Bogata to EWR. (45k points) There are 12 people going and more to join them next year. Booking early is the way to go. Fred has all the must need details and important information. For further information, please contact:

Fred Ensminger at 973.216.3341 or email:
fred@educated1.com



Here are detailed links to all 3 ski areas:
Valle Nevado tickets are IKON
Brush up on your Spanish This is a trip into another world!
https://www.powderhounds.com/SouthAmerica/Chile/Farellones.aspx

Submitted by Nina Tudorowsky HLSC Ski Trip Chair

Here are the February-April meeting dates (including the April elections). Check the Club website, Facebook, and your email for the latest schedule.

High Life Ski Club Meetings Schedule

- **Tuesday January 28 at Exchange Restaurant**
  - 6:30 pm Lodge Trustees
  - 7:30 pm Membership Meeting

- **Tuesday February 11 at Exchange Restaurant**
  - 6:30 pm Executive Board Meeting
  - 7:30 pm Membership Meeting

- **Tuesday February 25 at Exchange Restaurant**
  - 6:30 pm Lodge Trustees
  - 7:30pm Membership Meeting

- **Tuesday March 11 at Exchange Restaurant**
  - 6:30 pm Executive Board Meeting (appoint Nominating Committee)
  - 7:30pm Membership Meeting

- **Tuesday March 25 at Exchange Restaurant**
  - 6:30 pm Lodge Trustees
  - 7:30 pm Membership Meeting

- **Tuesday April 1 on Zoom**
  - 7:00 pm Membership Meeting

- **Tuesday April 8 at Exchange Restaurant**
  - 6:30 pm Executive Board Meeting
  - 7:30 pm Membership Meeting (present slate of candidates and nominations)

- **Tuesday April 22 at Exchange Restaurant**
  - 6:30 pm Lodge Trustees
  - 7:30 pm Membership Meeting

HLSC Lodge 2024-25 Winter Season

WEEKEND Saturday	Dates	Event	START SIGN UPS Tuesday	Trustee	NOTES
23-Nov	11/20-11/26		12-Nov	Jim Ferrone	
30-Nov	11/27-12/3	**Thanksgiving**	19-Nov	Ken Chodkiewicz	
7-Dec	12/4-12/10		26-Nov	Dave Young	
14-Dec	12/11-12/17		3-Dec	Dave Young	
21-Dec	12/18-12/24		10-Dec	Mike Burbridge	
28-Dec	12/25-01/01	**New Year's**	10-Dec	Dave Young	New Year's Eve Party
4-Jan	01/02-01/07		24-Dec	Chris Moser	
11-Jan	01/08-01/14		31-Dec	Donna Long	
18-Jan	01/15-01/21	**MLK Weekend**	7-Jan	Chris Cooney	Snowshow/Family Week
25-Jan	01/22-01/28		14-Jan	Chris Moser	Family Weekend
1-Feb	01/29-02/04		21-Jan	Kerry Klotz	
8-Feb	02/05-02/11	**Superbowl**	28-Jan	Mike Burbridge	
15-Feb	02/12-02/18	**President's Weekend**	4-Feb	Dave Young	Snowshow/Family Week
22-Feb	02/19-02/25		11-Feb	Ken Chodkiewicz	Family Weekend
1-Mar	02/26-03/04		18-Feb	Kerry Klotz	
8-Mar	03/05-03/11		25-Feb	Jack McDevitt	
15-Mar	03/12-03/18	**St. Patrick's Dinner**	4-Mar	Chris Cooney	
22-Mar	03/19-03/25		11-Mar	Nancy Mathieson	Family Weekend
29-Mar	03/26-04/01		18-Mar	Donna Long	
5-Apr	04/02-04/08		25-Mar	Jack McDevitt	
12-Apr	04/09-04/15		1-Apr	Mike Burbridge	
19-Apr	04/16-04/22		8-Apr	Kerry Klotz	
26-Apr	04/23-04/29		15-Apr	Jim Ferrone	
3-May	04/30-05/06		22-Apr	Chris Cooney	
10-May	05/07-05/13		29-Apr	Dave Young	
17-May	05/14-05/20		6-May	Donna Long	
24-May	05/21-05/27		13-May	Jim Ferrone	
31-May	05/28-06/03		20-May	Chris Moser	

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